





TRAIL LONGO - STAGE 1

42 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	439	Dinis Cartas	individual	Senior Masculino	05:30:27	+01:43:29	07:52
87	480	José Machado	sport viseu e benfica	Senior Masculino	05:30:30	+01:43:32	07:52
88	282	João Farinhas	tálenos team	Veterano M40	05:31:08	+01:44:10	07:53
89	199	Vitor Veloso	o mundo da corrida	Veterano M40	05:31:53	+01:44:55	07:54
90	170	Carlos Gomes Ferreira	matilha running	Veterano M40	05:32:12	+01:45:14	07:55
91	228	João Paulo Silva	trilho perdido eventos/nutrimania	Senior Masculino	05:32:14	+01:45:16	07:55
92	1031	Tyna Valada	monsanto running team	Veterana F40	05:32:32	+01:45:34	07:55
93	104	António José Moreira Araújo	coa - clube de orientação e aventura	Senior Masculino	05:33:48	+01:46:50	07:57
94	40	Marco Rodrigues	arsm - associação recreativa de s. miguel	Veterano M40	05:34:02	+01:47:04	07:57
95	58	Francisco Primo	c.a.s.p.a. - clube amador só para atletismo	Veterano M45	05:34:33	+01:47:35	07:58
96	1023	Elisabete Vieira	dr. merino/nutrifit	Senior Feminino	05:36:17	+01:49:19	08:00
97	136	Pedro Jesus	gáfeterunners	Senior Masculino	05:36:21	+01:49:23	08:01
98	400	Hugo Alexandre Faria Ferreira	individual	Senior Masculino	05:36:28	+01:49:30	08:01
99	284	Marco Campos	tálenos team	Senior Masculino	05:36:33	+01:49:35	08:01
100	80	Hélder S G Pinto	ccrd burinhosa	Veterano M40	05:36:38	+01:49:40	08:01
101	18	Manuel José Ferreira Ceia	ac portalegre / utsm	Veterano M55	05:37:54	+01:50:56	08:03
102	420	Rui Brás	individual	Veterano M45	05:38:05	+01:51:07	08:03
103	410	Nuno Henriques	individual	Senior Masculino	05:38:54	+01:51:56	08:04
104	315	Romeu Alexandre Taneco Colaço	individual	Senior Masculino	05:38:57	+01:51:59	08:04
105	414	Carlos Carola	individual	Senior Masculino	05:39:11	+01:52:13	08:05
106	15	João Miguel Louro Farinha	ac portalegre / utsm	Senior Masculino	05:39:42	+01:52:44	08:05
107	54	Luís Varzea	c. r. alturense	Veterano M40	05:42:25	+01:55:27	08:09
108	128	João Tiago Dias	estrela do campo de aviação futebol clube	Senior Masculino	05:42:25	+01:55:27	08:09
109	57	Fernando Homem	c.a.s.p.a. - clube amador só para atletismo	Senior Masculino	05:44:14	+01:57:16	08:12
110	16	José Manuel Antunes Curado Serra	ac portalegre / utsm	Senior Masculino	05:46:48	+01:59:50	08:15
111	328	Pedro Miguel Lopes Brito	individual	Veterano M45	05:47:37	+02:00:39	08:17
112	1030	Bárbara Fernandes	juventude vidigalense	Senior Feminino	05:47:43	+02:00:45	08:17
113	213	Joaquim Almeida	os trinca espinhas	Veterano M40	05:48:25	+02:01:27	08:18
114	437	Vitor Manuel Romeiro Fialho Piçarra	individual	Senior Masculino	05:48:25	+02:01:27	08:18
115	396	Helder Baptista	trilho perdido eventos/nutrimania	Veterano M45	05:48:33	+02:01:35	08:18
116	142	Tiago Sousa	go!runners	Senior Masculino	05:49:07	+02:02:09	08:19
117	198	CARLOS JESUS	o mundo da corrida	Veterano M40	05:49:16	+02:02:18	08:19
118	304	Alexandre Pinto	individual	Senior Masculino	05:50:06	+02:03:08	08:20
119	98	Alexandre Soares	clube de atletismo odimarq	Veterano M50	05:50:12	+02:03:14	08:20
120	380	José Rebola	individual	Veterano M40	05:50:22	+02:03:24	08:21
121	390	Nuno Paixão	individual	Veterano M40	05:50:22	+02:03:24	08:21
122	74	Aníbal Godinho	caracol trail team	Veterano M50	05:50:26	+02:03:28	08:21
123	256	Pedro Tavares	runners da frente ribeirinha da póvoa de santa iria	Veterano M40	05:50:45	+02:03:47	08:21
124	478	Bruno Carrudo	individual	Senior Masculino	05:51:05	+02:04:07	08:22
125	222	João Marmelo	os trinca espinhas	Senior Masculino	05:51:24	+02:04:26	08:22
126	153	Jorge Carola	jotaces	Senior Masculino	05:51:51	+02:04:53	08:23
127	119	Dino Pinto	dr. merino/nutrifit	Senior Masculino	05:52:10	+02:05:12	08:23
128	379	Joel Simões	individual	Senior Masculino	05:52:44	+02:05:46	08:24
129	407	JAVIER GARCÍA DIOS	mérida trail	Veterano M40	05:53:06	+02:06:08	08:24
130	44	Pascal Sebastião Rodrigues	atr - algarve trail running	Veterano M40	05:53:25	+02:06:27	08:25

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	278	Paulo Nuno Cordeiro Gonçalves Pires	ss cgd	Veterano M50	05:53:34	+02:06:36	08:25
132	232	Alexandre Cantiga	proaventuras	Veterano M40	05:53:39	+02:06:41	08:25
133	79	HUGO MATOS	casa matos bike shop/reatam - tramagal	Senior Masculino	05:53:40	+02:06:42	08:25
134	63	Nuno Paulino	c.d."os águias" trail/running	Veterano M40	05:53:56	+02:06:58	08:26
135	332	José Manuel Guerra Vizuete	individual	Veterano M40	05:56:02	+02:09:04	08:29
136	200	antonio soares	o praticante	Veterano M50	05:56:48	+02:09:50	08:30
137	17	André Filipe Paulino Trindade	ac portalegre / utsm	Senior Masculino	05:57:11	+02:10:13	08:30
138	224	Luis David	os trinca espinhas	Veterano M40	05:57:44	+02:10:46	08:31
139	135	Luis Alberto	foz365	Senior Masculino	05:57:48	+02:10:50	08:31
140	190	Ricardo Nuno Tavares Xavier Sousa Valente	não fazemos nem mais um... km	Veterano M50	05:57:56	+02:10:58	08:31
141	133	vitoe saraiva	falcões selvagens	Veterano M45	05:59:39	+02:12:41	08:34
142	431	Rui Gama	individual	Veterano M45	06:00:24	+02:13:26	08:35
143	1039	Paula Penedo	nazaboboda	Senior Feminino	06:00:46	+02:13:48	08:35
144	375	João Valente	individual	Veterano M40	06:00:47	+02:13:49	08:35
145	7	Luis Miguel Leitão Marques	monsanto running team	Veterano M40	06:01:25	+02:14:27	08:36
146	60	Hugo Nalha	c.d."os águias" trail/running	Veterano M40	06:02:11	+02:15:13	08:37
147	472	Luís Faisco	proaventuras	Veterano M45	06:02:13	+02:15:15	08:37
148	186	António Manuel Fernandes	montanha clube trail running/runners	Veterano M45	06:02:40	+02:15:42	08:38
149	41	Horácio Ferreira	arasm - associação recreativa de s. miguel	Veterano M45	06:02:40	+02:15:42	08:38
150	187	Nuno Braga	montanha clube trail running/runners	Senior Masculino	06:02:40	+02:15:42	08:38
151	183	Helder Martins Padilha Ferreira	montanha clube trail running/runners	Senior Masculino	06:02:40	+02:15:42	08:38
152	421	Sergio Blanco Colomo	mérida trail	Veterano M40	06:02:47	+02:15:49	08:38
153	296	Diogo Maia	udr zona alta - torres novas	Senior Masculino	06:03:23	+02:16:25	08:39
154	180	Jose Manuel Fernandes Figueiredo	monsanto running team	Veterano M55	06:04:28	+02:17:30	08:41
155	22	Nuno Paiva	ac portalegre / utsm	Senior Masculino	06:04:58	+02:18:00	08:41
156	159	ARETINO VIEIRA MOTA	linda a pastora sporting clube	Veterano M50	06:05:42	+02:18:44	08:42
157	113	Rui Miguel Semedo Pena	coa - clube de orientação e aventura	Senior Masculino	06:06:19	+02:19:21	08:43
158	141	Nuno Miguel Coelho Gaspar	go!runners	Veterano M40	06:06:36	+02:19:38	08:44
159	174	Miguel Soares	monsanto running team	Senior Masculino	06:07:29	+02:20:31	08:45
160	246	Manuel Antonio Barreiros Matos	individual	Veterano M45	06:07:37	+02:20:39	08:45
161	1056	Raquel Clemente Pedro	juventude vidigalense	Veterana F40	06:08:29	+02:21:31	08:46
162	154	Joao Canholas	jotaces	Senior Masculino	06:08:29	+02:21:31	08:46
163	889	Miguel Ángel Sánchez Galea	individual	Senior Masculino	06:08:49	+02:21:51	08:47
164	383	Rui Manuel Narciso Guedelha	individual	Veterano M40	06:08:49	+02:21:51	08:47
165	386	Carlos Miguel Antunes Rodrigues	individual	Veterano M40	06:08:57	+02:21:59	08:47
166	317	valter filipe pereira martinho	individual	Senior Masculino	06:09:25	+02:22:27	08:48
167	90	Rui Laranjeiro	clube a amigos parque da paz	Veterano M40	06:10:02	+02:23:04	08:49
168	463	Tome pinto	individual	Senior Masculino	06:10:06	+02:23:08	08:49
169	464	Pedro Meneses	individual	Veterano M40	06:10:06	+02:23:08	08:49
170	97	Joaquim Martins	clube de atletismo odimarq	Veterano M50	06:10:18	+02:23:20	08:49
171	481	Luis Miguel Matos Ferreira	run4fun	Veterano M45	06:10:26	+02:23:28	08:49
172	1037	Joana Isabel Velez Carogo Loureiro Leite	portorunners	Senior Feminino	06:10:28	+02:23:30	08:49
173	280	Luis Madeira	ss cgd	Veterano M45	06:10:29	+02:23:31	08:49
174	219	António Estrela	run 4 fun	Veterano M50	06:11:47	+02:24:49	08:51



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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	455	Filipe Miguel Barqueiro Bandeira	individual	Senior Masculino	06:32:41	+02:45:43	09:21
219	454	Gonçalo Nuno Neto Francisco	individual	Senior Masculino	06:32:41	+02:45:43	09:21
220	1017	Ana Paula Santos	ccrd burinhosa	Veterana F50	06:32:42	+02:45:44	09:21
221	109	Nuno Manuel Sousa Barata	coa - clube de orientação e aventura	Veterano M40	06:33:19	+02:46:21	09:22
222	1066	Rita Barroso	individual	Senior Feminino	06:33:22	+02:46:24	09:22
223	337	Vitor Manuel Metrogos frango	individual	Veterano M40	06:33:25	+02:46:27	09:22
224	160	ALMIRO FEIJÃO	linda a pastora sporting clube	Veterano M55	06:34:51	+02:47:53	09:24
225	1067	Maria Antonieta de Sá	individual	Veterana F45	06:35:08	+02:48:10	09:24
226	112	Rui Manuel Marçal Pereira	coa - clube de orientação e aventura	Veterano M40	06:35:10	+02:48:12	09:25
227	485	pedro silva ribeiro	individual	Veterano M40	06:36:27	+02:49:29	09:26
228	156	Jorge Luís Gonçalves Vieira	juventude vidigalense	Senior Masculino	06:36:34	+02:49:36	09:27
229	34	João Miguel Chambel dos Santos Teixeira	alverca urban runners	Senior Masculino	06:36:42	+02:49:44	09:27
230	87	MIGUEL COLLADO ESCUDERO	club trail comesuelas	Senior Masculino	06:37:38	+02:50:40	09:28
231	235	Miguel Lino	proaventuras	Veterano M45	06:38:14	+02:51:16	09:29
232	331	Paulo Ferreira	estrela do campo de aviação futebol clube	Veterano M40	06:38:14	+02:51:16	09:29
233	460	Diogo Barros	individual	Senior Masculino	06:38:33	+02:51:35	09:29
234	191	Mário António Pereira Alberto	não fazemos nem mais um... km	Veterano M45	06:38:43	+02:51:45	09:30
235	1046	Maria Manuela Adrega Fonseca	tartarugas solidarias	Veterana F45	06:38:44	+02:51:46	09:30
236	115	Joel Almeida Martinho	coimbra trail running	Senior Masculino	06:38:44	+02:51:46	09:30
237	435	Adelino Manuel Paulo Carvalho	individual	Veterano M40	06:39:42	+02:52:44	09:31
238	1002	Elena labanji	individual	Veterana F50	06:41:17	+02:54:19	09:33
239	298	helder tavares	vãritintas	Veterano M40	06:42:16	+02:55:18	09:35
240	211	Joaquim Martins	os trinca espinhas	Senior Masculino	06:42:21	+02:55:23	09:35
241	339	Pedro Neves	individual	Veterano M40	06:43:20	+02:56:22	09:36
242	146	Bruno Charrinho	inijovem - nisa	Senior Masculino	06:43:35	+02:56:37	09:37
243	360	João Lourenço	salamandrecos	Veterano M50	06:43:36	+02:56:38	09:37
244	250	Pedro Ferreira	runners da frente ribeirinha da póvoa de santa iria	Veterano M40	06:44:25	+02:57:27	09:38
245	257	Armando Cardoso	runners da frente ribeirinha da póvoa de santa iria	Senior Masculino	06:44:25	+02:57:27	09:38
246	249	Rafael Joaquim Carvalho Monteiro	runners da frente ribeirinha da póvoa de santa iria	Senior Masculino	06:44:25	+02:57:27	09:38
247	452	Pedro coelho	individual	Senior Masculino	06:45:06	+02:58:08	09:39
248	52	Fernando Silva	c. r. alturense	Veterano M50	06:45:45	+02:58:47	09:40
249	1036	Almerinda Velez		Veterana F50	06:46:26	+02:59:28	09:41
250	205	Rodolfo Orfão	offtel runners	Senior Masculino	06:47:18	+03:00:20	09:42
251	343	Luis Villanueva	individual	Veterano M50	06:47:52	+03:00:54	09:43
252	204	rui miguel	o praticante	Veterano M40	06:47:53	+03:00:55	09:43
253	320	Leonel Duarte Cordeiro	individual	Veterano M40	06:48:03	+03:01:05	09:43
254	462	Valter Antonio Escrevente	a20km	Senior Masculino	06:48:53	+03:01:55	09:44
255	405	AUGUSTO NUNES SOUSA	individual	Veterano M45	06:48:57	+03:01:59	09:44
256	399	João Leandro Agostinho	individual	Veterano M45	06:49:15	+03:02:17	09:45
257	181	Rui Manuel Pereira Gaspar	montanha clube trail running/runners	Veterano M40	06:51:04	+03:04:06	09:47
258	184	Tiago Miguel Ferreira Lobo	montanha clube trail running/runners	Senior Masculino	06:51:05	+03:04:07	09:47
259	214	Nuno Carrapiço	os trinca espinhas	Veterano M40	06:51:15	+03:04:17	09:47
260	89	Gonzalo Simon Bernal	club trail comesuelas	Senior Masculino	06:51:43	+03:04:45	09:48
261	1012	cláudia medeiros	atletico clube são mamede	Veterana F45	06:53:29	+03:06:31	09:51

**TRAIL LONGO - STAGE 1****42 KM****OFFICIAL RESULT****R**  
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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
262	449	Luis Venancio salguero moreno	individual	Veterano M45	06:53:53	+03:06:55	09:51
263	221	António Manuel Carita Franco	os trinca espinhas	Veterano M55	06:54:10	+03:07:12	09:52
264	416	Fernando Marques	atr - algarve trail running	Senior Masculino	06:54:13	+03:07:15	09:52
265	1006	Ana Miranda	ac portalegre / utsm	Senior Feminino	06:54:41	+03:07:43	09:52
266	311	José Manuel Freira Mataloto	individual	Senior Masculino	06:55:29	+03:08:31	09:54
267	326	José Lourenço Pereira Barroco	individual	Veterano M55	06:55:37	+03:08:39	09:54
268	82	Pedro Carmo	clac entroncamento	Senior Masculino	06:55:49	+03:08:51	09:54
269	474	Daniel Ramos	individual	Veterano M40	06:55:52	+03:08:54	09:54
270	363	Cláudio Sergio Dos Anjos Pereira	individual	Senior Masculino	06:55:56	+03:08:58	09:54
271	1565	António Perinha	os trinca espinhas	Senior Masculino	06:55:59	+03:09:01	09:54
272	208	André Relvas	os trinca espinhas	Senior Masculino	06:56:00	+03:09:02	09:54
273	314	Carlos Alberto Amado Pascoal	individual	Veterano M50	06:56:48	+03:09:50	09:55
274	1026	ana duarte	falcões selvagens	Veterana F45	06:57:01	+03:10:03	09:56
275	106	João Dourado	individual	Senior Masculino	06:58:16	+03:11:18	09:58
276	366	Nuno Filipe Santos Pereira	individual	Senior Masculino	06:58:55	+03:11:57	09:58
277	429	Manuel José Pimentel Perestrela de Moraes Abrantes	individual	Sub 23 Masculino	06:58:57	+03:11:59	09:58
278	418	João Martins	caracol trail team	Veterano M45	07:00:14	+03:13:16	10:00
279	475	David Silva Clemente	a20km	Senior Masculino	07:00:17	+03:13:19	10:00
280	1635	Paula Cristina Lizardo de Matos	ac portalegre / utsm	Veterana F45	07:01:00	+03:14:02	10:01
281	19	Sérgio Rui da Silveira Lança Carinhas	ac portalegre / utsm	Veterano M45	07:01:00	+03:14:02	10:01
282	422	Julio Miranda Morillo	mérida trail	Senior Masculino	07:01:11	+03:14:13	10:02
283	413	José Alberto Rodríguez Falcón	mérida trail	Senior Masculino	07:01:12	+03:14:14	10:02
284	419	raul aza aparicio	mérida trail	Veterano M40	07:01:12	+03:14:14	10:02
285	182	Paulo Calçada	montanha clube trail running/runners	Veterano M40	07:01:52	+03:14:54	10:03
286	1010	Ana Bernardo	aminhacorrida/kalenji	Senior Feminino	07:02:29	+03:15:31	10:04
287	341	João Cid Alves	individual	Veterano M45	07:03:05	+03:16:07	10:04
288	1053	Carla Maria Gonçalves Cristina	individual	Veterana F40	07:03:05	+03:16:07	10:04
289	223	Joao Serrano Andrade ( Juanito )	os trinca espinhas	Veterano M55	07:03:07	+03:16:09	10:04
290	140	João Manuel Mendes Moniz Barreto	go!runners	Senior Masculino	07:03:16	+03:16:18	10:05
291	1061	Carla Maria da Silva Santos	individual	Veterana F45	07:04:46	+03:17:48	10:07
292	283	Artur Soares	tãlentos team	Veterano M40	07:04:46	+03:17:48	10:07
293	440	Daniel Lérias	individual	Senior Masculino	07:06:03	+03:19:05	10:09
294	261	Carlos Barros	salamandrecos	Senior Masculino	07:06:03	+03:19:05	10:09
295	259	Rui Loureiro Marques	runners dream moments	Senior Masculino	07:06:03	+03:19:05	10:09
296	258	Paulo Rita	runners da frente ribeirinha da póvoa de santa iria	Veterano M45	07:08:17	+03:21:19	10:12
297	477	Álvaro Joaquim Luís Mendonça	gáfeterunners	Senior Masculino	07:08:17	+03:21:19	10:12
298	37	Henrique Adrega	amigosdacorrida.com	Veterano M60	07:08:57	+03:21:59	10:13
299	484	Ricardo Maia	individual	Senior Masculino	07:08:58	+03:22:00	10:13
300	351	Sérgio Pedro	individual	Senior Masculino	07:10:42	+03:23:44	10:15
301	64	Nuno Netto	c.d."os águias" trail/running	Veterano M40	07:10:45	+03:23:47	10:15
302	408	Rui Soeiro	individual	Senior Masculino	07:11:08	+03:24:10	10:16
303	148	Vitor Afonso Quaresma Lourenço	jobrinde - montes saloios	Veterano M45	07:11:12	+03:24:14	10:16
304	277	José Manuel Severino da Rosa	ss cgd	Veterano M60	07:12:28	+03:25:30	10:18





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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
349	391	Luís Marcelo	individual	Senior Masculino	07:33:10	+03:46:12	10:47
350	385	jose morales ruiz	individual	Veterano M45	07:37:32	+03:50:34	10:54
351	346	Filipe Arrieta Pestana Miranda Ceia	individual	Senior Masculino	07:37:57	+03:50:59	10:54
352	293	Carlos Costa	trailers	Veterano M50	07:38:10	+03:51:12	10:55
353	101	JOAQUIM BEXIGA	clube ogma	Veterano M45	07:38:19	+03:51:21	10:55
354	1018	FERNANDA FRANÇA	clube ogma	Veterana F40	07:38:19	+03:51:21	10:55
355	430	Rui Marino	individual	Veterano M40	07:40:05	+03:53:07	10:57
356	254	Jaime Beato	runners da frente ribeirinha da póvoa de santa iria	Veterano M40	07:40:09	+03:53:11	10:57
357	1040	Carla Costa	runners da frente ribeirinha da póvoa de santa iria	Veterana F40	07:40:09	+03:53:11	10:57
358	45	Nuno Botelho	atr - algarve trail running	Senior Masculino	07:40:59	+03:54:01	10:59
359	262	Carlos Bruno da Silva Grade	salamandrecos	Veterano M40	07:41:37	+03:54:39	10:59
360	370	Bruno Mesquita	individual	Veterano M45	07:41:37	+03:54:39	10:59
361	175	João Correia Pereira	monsanto running team	Senior Masculino	07:44:28	+03:57:30	11:04
362	406	Nuno Almeida	individual	Veterano M40	07:45:18	+03:58:20	11:05
363	393	João Rodrigues	individual	Veterano M40	07:45:47	+03:58:49	11:05
364	73	Miguel Vitorino	caracol trail team	Senior Masculino	07:46:29	+03:59:31	11:06
365	244	Maria Manuela Pontes Batista Castro Lopes Figueira Machado	run 4 fun	Veterana F50	07:47:00	+04:00:02	11:07
366	207	Domingos Fernandes	os amigos do atletismo	Veterano M60	07:48:11	+04:01:13	11:09
367	132	Ezequiel Salvado de Oliveira	ezequiel salvado de oliveira	Senior Masculino	07:48:21	+04:01:23	11:09
368	270	Gil Morgado	serviços sociais montepio geral	Senior Masculino	07:49:51	+04:02:53	11:11
369	269	Zé Cóias	serviços sociais montepio geral	Senior Masculino	07:49:52	+04:02:54	11:11
370	1047	Carla Mendes	tartarugas solidarias	Veterana F40	07:49:53	+04:02:55	11:11
371	1065	Andreia Costa	individual	Senior Feminino	07:49:53	+04:02:55	11:11
372	1055	Claudia Sousa	individual	Senior Feminino	07:49:58	+04:03:00	11:11
373	333	Miguel Torgal	individual	Senior Masculino	07:49:58	+04:03:00	11:11
374	1059	Rita Fernandes	tartarugas solidarias	Veterana F40	07:49:59	+04:03:01	11:11
375	166	Roberto da Silva	matilha running	Veterano M40	07:50:32	+04:03:34	11:12
376	206	André Lima Cabrita	optimax	Senior Masculino	07:50:37	+04:03:39	11:12
377	1048	Cidalia Maria Serra Marques Martins	vendasnovas trail	Veterana F45	07:51:08	+04:04:10	11:13
378	1028	Cristina Figueira	jibrinde - montes saloios	Veterana F40	07:51:56	+04:04:58	11:14
379	273	Ricardo Matias	só+1km\runsox runners	Senior Masculino	07:51:57	+04:04:59	11:14
380	274	Bruno Luis Antunes Cruz Matias	só+1km\runsox runners	Senior Masculino	07:51:58	+04:05:00	11:14
381	230	João Campos	pavnesc	Veterano M40	07:51:58	+04:05:00	11:14
382	344	Francisco Ceia	individual	Senior Masculino	07:52:23	+04:05:25	11:15
383	195	Fernando Morais	o mundo da corrida	Veterano M50	07:53:50	+04:06:52	11:17
384	1050	Paula Cristina Galvão Pita	individual	Veterana F40	07:54:54	+04:07:56	11:18
385	281	Carlos Manuel Parreira de Brito	tálenots team	Veterano M40	08:01:34	+04:14:36	11:28
386	354	Alexandre Miguel Costa Mota	évora night runners	Veterano M45	08:03:56	+04:16:58	11:31
387	471	Joao Cruz	individual	Veterano M40	08:05:49	+04:18:51	11:34
388	163	Mauro Gonçalves	matilha running	Veterano M40	08:07:03	+04:20:05	11:36
389	1020	Elsa Maria Felício Dinis	coa - clube de orientação e aventura	Veterana F45	08:13:22	+04:26:24	11:45
390	131	José Filipe Garcez	évora night runners	Veterano M40	08:13:39	+04:26:41	11:45
391	162	Pedro Rosa	matilha running	Veterano M45	08:13:58	+04:27:00	11:46

**TRAIL LONGO - STAGE 1**

**42 KM**

**OFFICIAL RESULT**

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
392	84	Carlos Mauricio	clac entroncamento	Veterano M50	08:14:04	+04:27:06	11:46
393	263	Jeronimo Esteves	salamandrecos	Veterano M40	08:14:05	+04:27:07	11:46
394	1062	Mafalda Faria	individual	Senior Feminino	08:14:05	+04:27:07	11:46
395	467	Mário Carlos Gaspar Lima	individual	Senior Masculino	08:14:42	+04:27:44	11:47
396	35	LINO SILVA	alverca urban runners	Veterano M40	08:14:42	+04:27:44	11:47
397	1045	Patrícia Alexandra Batista da Silva	tartarugas solidarias	Senior Feminino	08:16:23	+04:29:25	11:49
398	371	pedro serra	individual	Senior Masculino	08:16:23	+04:29:25	11:49
399	292	Pedro Miguel Luís Teixeira	tough trails alenquer	Senior Masculino	08:16:51	+04:29:53	11:50
400	290	Nuno Manuel Ferreira Granadas	tough trails alenquer	Senior Masculino	08:16:51	+04:29:53	11:50
401	1054	Elisabete Moreira Gonçalves	individual	Veterana F45	08:17:07	+04:30:09	11:50
402	436	Helder Vidal	individual	Veterano M45	08:17:43	+04:30:45	11:51
403	470	Claudino Almeida Rebelo	individual	Veterano M55	08:20:10	+04:33:12	11:55
404	294	Pedro Monteiro	trailers	Veterano M55	08:20:18	+04:33:20	11:55
405	92	Júlio Castro	clube atletismo amigos de belém	Veterano M55	08:22:56	+04:35:58	11:58
406	319	HELDER JORGE FERNANDES LOPES	individual	Veterano M40	08:23:04	+04:36:06	11:59
407	1029	Célia Paiva	jobrinde - montes saloios	Veterana F45	08:24:32	+04:37:34	12:01
408	150	Nuno André	jobrinde - montes saloios	Senior Masculino	08:24:32	+04:37:34	12:01
409	30	José Loureiro	ad quinta - atletismo	Veterano M40	08:25:26	+04:38:28	12:02
410	111	Rodrigo Henrique Martins Lopes	coa - clube de orientação e aventura	Senior Masculino	08:25:48	+04:38:50	12:03
411	1021	Sónia Isabel Margarido Marques	coa - clube de orientação e aventura	Senior Feminino	08:25:48	+04:38:50	12:03
412	1025	Sara Joana Mendes Abrantes Cannas da Cunha	enterprom	Veterana F40	08:26:26	+04:39:28	12:03
413	1058	Sandra Magalhães	individual	Veterana F50	08:26:26	+04:39:28	12:03
414	126	Artur Jorge Santos Pereira	enterprom	Veterano M45	08:26:27	+04:39:29	12:03
415	1041	Paula Pontinha	runners da frente ribeirinha da póvoa de santa iria	Veterana F40	08:30:05	+04:43:07	12:09
416	1057	Rita Bernardo	individual	Senior Feminino	08:35:34	+04:48:36	12:17
417	95	Vítor Jorge	clube atletismo amigos de belém	Veterano M50	08:35:34	+04:48:36	12:17
418	94	Carlos Preciso	clube atletismo amigos de belém	Veterano M40	08:35:35	+04:48:37	12:17
419	67	Francisco Silva	caj raposa	Senior Masculino	08:37:25	+04:50:27	12:19
420	423	Ivo Claro	tartarugas solidarias	Senior Masculino	08:37:26	+04:50:28	12:19
421	242	Teodoro José Pereira Trindade	run 4 fun	Veterano M55	08:43:49	+04:56:51	12:28
422	243	Jorge Alexandre Teixeira Esteves	run 4 fun	Veterano M50	08:43:49	+04:56:51	12:28
423	1003	Analice Silva	individual	Veterana F60	08:43:51	+04:56:53	12:28
424	447	Fernando Ferreira	individual	Veterano M40	08:43:53	+04:56:55	12:28
425	212	Sérgio de Jesus Sampaio de Carvalho	os trinca espinhas	Veterano M40	08:44:10	+04:57:12	12:29
426	1009	Rita Santos Figueiredo	alverca urban runners	Senior Feminino	08:44:10	+04:57:12	12:29
427	239	Paulo Calha		Veterano M40	08:48:33	+05:01:35	12:35
428	226	Ricardo Cordas	os trinca espinhas / mf-marina	Veterano M40	08:48:34	+05:01:36	12:35
429	1035	isabel barra	o praticante	Veterana F45	08:56:54	+05:09:56	12:47
430	32	Carlos De Gouveia Freire	adcr polícia judiciária	Veterano M40	08:56:55	+05:09:57	12:47
431	318	Bruno Miguel Romão Neves	individual	Senior Masculino	08:58:25	+05:11:27	12:49
432	1015	claudia Duarte	azeitão night runners	Senior Feminino	09:00:42	+05:13:44	12:52
433	1016	Mónica Henriques	azeitão night runners	Senior Feminino	09:00:42	+05:13:44	12:52
434	1014	Lucilia Faustino	azeitão night runners	Senior Feminino	09:11:06	+05:24:08	13:07



## Trail Longo

42 KM

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REVISED

**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	09:00	14.4°C	81.3%
End	18:17	14.7°C	80.8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### Senior Feminino

1	1023	Elisabete Vieira	Dr. Merino/Nutrifit	Senior Feminino	05:36:17		08:00
2	1030	Bárbara Fernandes	Juventude Vidigalense	Senior Feminino	05:47:43	+11:26	08:17
3	1039	Paula Penedo	NAZABOBODA	Senior Feminino	06:00:46	+24:29	08:35
4	1037	Joana Isabel Velez Caroço Loureiro Leite	PORTORUNNERS	Senior Feminino	06:10:28	+34:11	08:49
5	1011	Ana Fêteira	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	06:25:34	+49:17	09:11
6	1066	Rita Barroso	Individual	Senior Feminino	06:33:22	+57:05	09:22
7	1006	Ana Miranda	AC PORTALEGRE / UTSM	Senior Feminino	06:54:41	+01:18:24	09:52
8	1010	Ana Bernardo	Aminhacorrída/Kalenji	Senior Feminino	07:02:29	+01:26:12	10:04
9	1007	Natália Andrade	AC PORTALEGRE / UTSM	Senior Feminino	07:15:59	+01:39:42	10:23
10	1060	Alejandra Freitas	Individual	Senior Feminino	07:28:06	+01:51:49	10:40
11	1065	Andreia Costa	Individual	Senior Feminino	07:49:53	+02:13:36	11:11
12	1055	Claudia Sousa	Individual	Senior Feminino	07:49:58	+02:13:41	11:11
13	1062	Mafalda Faria	Individual	Senior Feminino	08:14:05	+02:37:48	11:46
14	1045	Patrícia Alexandra Batista da Silva	Tartarugas Solidarias	Senior Feminino	08:16:23	+02:40:06	11:49
15	1021	Sónia Isabel Margarido Marques	COA - Clube de Orientação e Aventura	Senior Feminino	08:25:48	+02:49:31	12:03
16	1057	Rita Bernardo	Individual	Senior Feminino	08:35:34	+02:59:17	12:17
17	1009	Rita Santos Figueiredo	Alverca Urban Runners	Senior Feminino	08:44:10	+03:07:53	12:29
18	1015	claudia Duarte	Azeitão Night Runners	Senior Feminino	09:00:42	+03:24:25	12:52
19	1016	Mónica Henriques	Azeitão Night Runners	Senior Feminino	09:00:42	+03:24:25	12:52
20	1014	Lucilia Faustino	Azeitão Night Runners	Senior Feminino	09:11:06	+03:34:49	13:07

### Senior Masculino

1	409	Tiago Martins Aires	GAFANHORI - Clube de Orientação de Arraiolos	Senior Masculino	03:46:58		05:24
2	1	Andre Rodrigues	Dr. Merino/Nutrifit	Senior Masculino	03:49:09	+02:11	05:27
3	466	Hélio Samuel Fumo	Individual	Senior Masculino	03:58:41	+11:43	05:41
4	25	Luís Semedo	AC PORTALEGRE / UTSM	Senior Masculino	04:07:37	+20:39	05:54
5	458	Luís Duarte	Individual	Senior Masculino	04:09:22	+22:24	05:56
6	13	Luís Cerqueira Malheiro	AC PORTALEGRE / UTSM	Senior Masculino	04:16:41	+29:43	06:07
7	382	João Paulo da Silva Pereira	Individual	Senior Masculino	04:25:09	+38:11	06:19
8	321	Bruno Coelho	Satecnosol Outdoor / La Sportiva	Senior Masculino	04:26:06	+39:08	06:20
9	194	Davide Marques	Nutrimania Sports Nutrition	Senior Masculino	04:30:54	+43:56	06:27
10	124	Bruno Pinto	Dr. Merino/Nutrifit	Senior Masculino	04:33:20	+46:22	06:30
11	24	Dino Maфра	AC PORTALEGRE / UTSM	Senior Masculino	04:36:39	+49:41	06:35
12	482	Miguel dos Reis Baptista	O Mundo da Corrida	Senior Masculino	04:39:42	+52:44	06:40
13	71	Marco José Conceição Lopes	Caracol Trail Team	Senior Masculino	04:43:54	+56:56	06:46



**Trail Longo**

**42 KM**



**OFFICIAL RESULT**

54	400	Hugo Alexandre Faria Ferreira	Individual	Senior Masculino	05:36:28	+01:49:30	08:01
55	284	Marco Campos	Talentos Team	Senior Masculino	05:36:33	+01:49:35	08:01
56	410	Nuno Henriques	Individual	Senior Masculino	05:38:54	+01:51:56	08:04
57	315	Romeu Alexandre Taneco Colaço	Individual	Senior Masculino	05:38:57	+01:51:59	08:04
58	414	Carlos Carola	Individual	Senior Masculino	05:39:11	+01:52:13	08:05
59	15	João Miguel Louro Farinha	AC PORTALEGRE / UTSM	Senior Masculino	05:39:42	+01:52:44	08:05
60	128	João Tiago Dias	Estrela do Campo de Aviação Futebol Clube	Senior Masculino	05:42:25	+01:55:27	08:09
61	57	Fernando Homem	C.A.S.P.A. - Clube Amador Só Para Atletismo	Senior Masculino	05:44:14	+01:57:16	08:12
62	16	José Manuel Antunes Curado Serra	AC PORTALEGRE / UTSM	Senior Masculino	05:46:48	+01:59:50	08:15
63	437	Vitor Manuel Romeiro Fialho Piçarra	Individual	Senior Masculino	05:48:25	+02:01:27	08:18
64	142	Tiago Sousa	GO!Runners	Senior Masculino	05:49:07	+02:02:09	08:19
65	304	Alexandre Pinto	Individual	Senior Masculino	05:50:06	+02:03:08	08:20
66	478	Bruno Carrudo	Individual	Senior Masculino	05:51:05	+02:04:07	08:22
67	222	João Marmelo	Os Trinca Espinhas	Senior Masculino	05:51:24	+02:04:26	08:22
68	153	Jorge Carola	jotaces	Senior Masculino	05:51:51	+02:04:53	08:23
69	119	Dino Pinto	Dr. Merino/Nutrifit	Senior Masculino	05:52:10	+02:05:12	08:23
70	379	Joel Simões	Individual	Senior Masculino	05:52:44	+02:05:46	08:24
71	79	HUGO MATOS	CASA MATOS BIKE SHOP/REATAM - TRAMAGAL	Senior Masculino	05:53:40	+02:06:42	08:25
72	17	André Filipe Paulino Trindade	AC PORTALEGRE / UTSM	Senior Masculino	05:57:11	+02:10:13	08:30
73	135	Luis Alberto	FOZ365	Senior Masculino	05:57:48	+02:10:50	08:31
74	187	Nuno Braga	Montanha Clube Trail Running/Runners	Senior Masculino	06:02:40	+02:15:42	08:38
75	183	Helder Martins Padilha Ferreira	Montanha Clube Trail Running/Runners	Senior Masculino	06:02:40	+02:15:42	08:38
76	296	Diogo Maia	UDR ZONA ALTA - Torres Novas	Senior Masculino	06:03:23	+02:16:25	08:39
77	22	Nuno Paiva	AC PORTALEGRE / UTSM	Senior Masculino	06:04:58	+02:18:00	08:41
78	113	Rui Miguel Semedo Pena	COA - Clube de Orientação e Aventura	Senior Masculino	06:06:19	+02:19:21	08:43
79	174	Miguel Soares	Monsanto Running Team	Senior Masculino	06:07:29	+02:20:31	08:45
80	154	Joao Canholas	jotaces	Senior Masculino	06:08:29	+02:21:31	08:46
81	889	Miguel Ángel Sánchez Galea	Individual	Senior Masculino	06:08:49	+02:21:51	08:47
82	317	valter filipe pereira martinho	Individual	Senior Masculino	06:09:25	+02:22:27	08:48
83	463	Tome pinto	Individual	Senior Masculino	06:10:06	+02:23:08	08:49
84	255	Eduardo Miguel Gomes Domingos	Runners da Frente ribeirinha da Póvoa de santa iria	Senior Masculino	06:12:49	+02:25:51	08:53
85	145	Marco António Candeias dos Santos	Ialbax Running	Senior Masculino	06:14:50	+02:27:52	08:55
86	103	Artur Jorge Nunes Oliveira	COA - Clube de Orientação e Aventura	Senior Masculino	06:16:00	+02:29:02	08:57
87	144	Ricardo Cunha	PROAVENTURAS	Senior Masculino	06:16:49	+02:29:51	08:58
88	329	João Artur Lopes Tomaz	Individual	Senior Masculino	06:16:50	+02:29:52	08:58
89	327	Pedro Pinho	CORREMOS.PT	Senior Masculino	06:17:24	+02:30:26	08:59
90	179	Nuno Manuel Rosmaninho Rolo Varandas Faria	Monsanto Running Team	Senior Masculino	06:17:58	+02:31:00	09:00
91	394	Luis Filipe Serrano Ramos	Individual	Senior Masculino	06:17:59	+02:31:01	09:00
92	65	Andre Duarte	C.D."Os Águias" Trail/Running	Senior Masculino	06:21:10	+02:34:12	09:05
93	188	André Carvalho	Montanha Clube Trail Running/Runners	Senior Masculino	06:24:55	+02:37:57	09:10

Official Timekeeper: Lap2Go	3 / 12	generate 19-Jan-2016 09:25
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**Trail Longo**

**42 KM**



**OFFICIAL RESULT**

94	157	Alexandre Miguel Serra Narciso	Juventude Vidigalense	Senior Masculino	06:25:01	+02:38:03	09:10
95	225	luis felicio	Os Trinca Espinhas	Senior Masculino	06:27:07	+02:40:09	09:13
96	347	Silvio Miguel Batista Horta	Individual	Senior Masculino	06:29:20	+02:42:22	09:16
97	240	Pedro Falcão Costa	Individual	Senior Masculino	06:32:21	+02:45:23	09:20
98	455	Filipe Miguel Barqueiro Bandeira	Individual	Senior Masculino	06:32:41	+02:45:43	09:21
99	454	Gonçalo Nuno Neto Francisco	Individual	Senior Masculino	06:32:41	+02:45:43	09:21
100	156	Jorge Luís Gonçalves Vieira	Juventude Vidigalense	Senior Masculino	06:36:34	+02:49:36	09:27
101	34	João Miguel Chambel dos Santos Teixeira	Alverca Urban Runners	Senior Masculino	06:36:42	+02:49:44	09:27
102	87	MIGUEL COLLADO ESCUDERO	CLUB TRAIL COMESUELAS	Senior Masculino	06:37:38	+02:50:40	09:28
103	460	Diogo Barros	Individual	Senior Masculino	06:38:33	+02:51:35	09:29
104	115	Joel Almeida Martinho	Coimbra Trail Running	Senior Masculino	06:38:44	+02:51:46	09:30
105	211	Joaquim Martins	Os Trinca Espinhas	Senior Masculino	06:42:21	+02:55:23	09:35
106	146	Bruno Charrinho	INIJOVEM - NISA	Senior Masculino	06:43:35	+02:56:37	09:37
107	257	Armando Cardoso	Runners da Frente ribeirinha da Póvoa de santa iria	Senior Masculino	06:44:25	+02:57:27	09:38
108	249	Rafael Joaquim Carvalho Monteiro	Runners da Frente ribeirinha da Póvoa de santa iria	Senior Masculino	06:44:25	+02:57:27	09:38
109	452	Pedro coelho	Individual	Senior Masculino	06:45:06	+02:58:08	09:39
110	205	Rodolfo Orfão	OFFtel Runners	Senior Masculino	06:47:18	+03:00:20	09:42
111	462	Valter Antonio Escrevente	A20KM	Senior Masculino	06:48:53	+03:01:55	09:44
112	184	Tiago Miguel Ferreira Lobo	Montanha Clube Trail Running/Runners	Senior Masculino	06:51:05	+03:04:07	09:47
113	89	Gonzalo Simon Bernal	CLUB TRAIL COMESUELAS	Senior Masculino	06:51:43	+03:04:45	09:48
114	416	Fernando Marques	ATR - Algarve Trail Running	Senior Masculino	06:54:13	+03:07:15	09:52
115	311	José Manuel Freira Mataloto	Individual	Senior Masculino	06:55:29	+03:08:31	09:54
116	82	Pedro Carmo	CLAC Entroncamento	Senior Masculino	06:55:49	+03:08:51	09:54
117	363	Cláudio Sergio Dos Anjos Pereira	Individual	Senior Masculino	06:55:56	+03:08:58	09:54
118	1565	António Perinha	Os Trinca Espinhas	Senior Masculino	06:55:59	+03:09:01	09:54
119	208	André Relvas	Os Trinca Espinhas	Senior Masculino	06:56:00	+03:09:02	09:54
120	106	João Dourado	Individual	Senior Masculino	06:58:16	+03:11:18	09:58
121	366	Nuno Filipe Santos Pereira	Individual	Senior Masculino	06:58:55	+03:11:57	09:58
122	475	David Silva Clemente	A20KM	Senior Masculino	07:00:17	+03:13:19	10:00
123	422	Julio Miranda Morillo	MÉRIDA TRAIL	Senior Masculino	07:01:11	+03:14:13	10:02
124	413	José Alberto Rodríguez Falcón	MÉRIDA TRAIL	Senior Masculino	07:01:12	+03:14:14	10:02
125	140	João Manuel Mendes Moniz Barreto	GO!Runners	Senior Masculino	07:03:16	+03:16:18	10:05
126	440	Daniel Lérias	Individual	Senior Masculino	07:06:03	+03:19:05	10:09
127	261	Carlos Barros	Salamandrecos	Senior Masculino	07:06:03	+03:19:05	10:09
128	259	Rui Loureiro Marques	Runners Dream Moments	Senior Masculino	07:06:03	+03:19:05	10:09
129	477	Álvaro Joaquim Luís Mendonça	GáfeteRunners	Senior Masculino	07:08:17	+03:21:19	10:12
130	484	Ricardo Maia	Individual	Senior Masculino	07:08:58	+03:22:00	10:13
131	351	Sérgio Pedro	Individual	Senior Masculino	07:10:42	+03:23:44	10:15
132	408	Rui Soeiro	Individual	Senior Masculino	07:11:08	+03:24:10	10:16
133	355	Valter Matos	Individual	Senior Masculino	07:13:21	+03:26:23	10:19
134	253	Angelo Relvas	Runners da Frente ribeirinha da Póvoa de santa iria	Senior Masculino	07:16:03	+03:29:05	10:23
135	450	jose antonio molina marquez	Individual	Senior Masculino	07:17:38	+03:30:40	10:25
136	268	Paulo Silva	Seixal - Running	Senior Masculino	07:18:55	+03:31:57	10:27

## Trail Longo

**42 KM**

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**OFFICIAL RESULT**

137	29	Hugo Sa	AD Quinta - Atletismo	Senior Masculino	07:22:19	+03:35:21	10:32
138	403	Miguel Ángel González Holgado	Individual	Senior Masculino	07:25:25	+03:38:27	10:36
139	368	Sérgio Batista	Individual	Senior Masculino	07:25:26	+03:38:28	10:36
140	476	Nuno Bandarra	Figueira Kayak Clube	Senior Masculino	07:27:00	+03:40:02	10:39
141	299	Bruno Manuel Mendes	VendasNovas Trail	Senior Masculino	07:27:05	+03:40:07	10:39
142	143	Ricardo Correia	GURUS	Senior Masculino	07:29:14	+03:42:16	10:42
143	217	Luís Nogueiro	Os Trinca Espinhas	Senior Masculino	07:30:09	+03:43:11	10:43
144	391	Luís Marcelo	Individual	Senior Masculino	07:33:10	+03:46:12	10:47
145	346	Filipe Arrieta Pestana Miranda Ceia	Individual	Senior Masculino	07:37:57	+03:50:59	10:54
146	45	Nuno Botelho	ATR - Algarve Trail Running	Senior Masculino	07:40:59	+03:54:01	10:59
147	175	João Correia Pereira	Monsanto Running Team	Senior Masculino	07:44:28	+03:57:30	11:04
148	73	Miguel Vitorino	Caracol Trail Team	Senior Masculino	07:46:29	+03:59:31	11:06
149	132	Ezequiel Salvado de Oliveira	Ezequiel Salvado de Oliveira	Senior Masculino	07:48:21	+04:01:23	11:09
150	270	Gil Morgado	Serviços Sociais Montepio Geral	Senior Masculino	07:49:51	+04:02:53	11:11
151	269	Zé Córias	Serviços Sociais Montepio Geral	Senior Masculino	07:49:52	+04:02:54	11:11
152	333	Miguel Torgal	Individual	Senior Masculino	07:49:58	+04:03:00	11:11
153	206	André Lima Cabrita	OPTIMAX	Senior Masculino	07:50:37	+04:03:39	11:12
154	273	Ricardo Matias	Só+1km\runsox runners	Senior Masculino	07:51:57	+04:04:59	11:14
155	274	Bruno Luis Antunes Cruz Matias	Só+1km\runsox runners	Senior Masculino	07:51:58	+04:05:00	11:14
156	344	Francisco Ceia	Individual	Senior Masculino	07:52:23	+04:05:25	11:15
157	467	Mário Carlos Gaspar Lima	Individual	Senior Masculino	08:14:42	+04:27:44	11:47
158	371	pedro serra	Individual	Senior Masculino	08:16:23	+04:29:25	11:49
159	292	Pedro Miguel Luís Teixeira	Tough Trails Alenquer	Senior Masculino	08:16:51	+04:29:53	11:50
160	290	Nuno Manuel Ferreira Granadas	Tough Trails Alenquer	Senior Masculino	08:16:51	+04:29:53	11:50
161	150	Nuno André	JOBRINDE - MONTES SALOIOS	Senior Masculino	08:24:32	+04:37:34	12:01
162	111	Rodrigo Henrique Martins Lopes	COA - Clube de Orientação e Aventura	Senior Masculino	08:25:48	+04:38:50	12:03
163	67	Francisco Silva	CAJ Raposa	Senior Masculino	08:37:25	+04:50:27	12:19
164	423	Ivo Claro	Tartarugas Solidarias	Senior Masculino	08:37:26	+04:50:28	12:19
165	318	Bruno Miguel Romão Neves	Individual	Senior Masculino	08:58:25	+05:11:27	12:49

## Sub 23 Masculino

1	429	Manuel José Pimentel Perestrelo de Morais Abrantes	Individual	Sub 23 Masculino	06:58:57		09:58
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## Veterana F40

1	1001	Susana Simões	CORREMOS.PT	Veterana F40	05:27:11		07:47
2	1031	Tyna Valada	Monsanto Running Team	Veterana F40	05:32:32	+05:21	07:55
3	1056	Raquel Clemente Pedro	Juventude Vidigalense	Veterana F40	06:08:29	+41:18	08:46
4	1053	Carla Maria Gonçalves Cristina	Individual	Veterana F40	07:03:05	+01:35:54	10:04
5	227	Vanda Elisabete Penalva Fernandes	pace.makers	Veterana F40	07:19:24	+01:52:13	10:28
6	1068	Ana Amaro	Aminhacorrída/Kalenji	Veterana F40	07:25:33	+01:58:22	10:36
7	1018	FERNANDA FRANÇA	Clube OGMA	Veterana F40	07:38:19	+02:11:08	10:55



### Trail Longo

**42 KM**



**OFFICIAL RESULT**

8	1040	Carla Costa	Runners da Frente ribeirinha da Póvoa de santa iria	Veterana F40	07:40:09	+02:12:58	10:57
9	1047	Carla Mendes	Tartarugas Solidarias	Veterana F40	07:49:53	+02:22:42	11:11
10	1059	Rita Fernandes	Tartarugas Solidarias	Veterana F40	07:49:59	+02:22:48	11:11
11	1028	Cristina Figueira	JOBRINDE - MONTES SALOIOS	Veterana F40	07:51:56	+02:24:45	11:14
12	1050	Paula Cristina Galvão Pita	Individual	Veterana F40	07:54:54	+02:27:43	11:18
13	1025	Sara Joana Mendes Abrantes Cannas da Cunha	Enterprom	Veterana F40	08:26:26	+02:59:15	12:03
14	1041	Paula Pontinha	Runners da Frente ribeirinha da Póvoa de santa iria	Veterana F40	08:30:05	+03:02:54	12:09

### Veterana F45

1	1051	Anabela Mineiro Jorge Pombeiro	Individual	Veterana F45	06:29:19		09:16
2	1067	Maria Antonieta de Sá	Individual	Veterana F45	06:35:08	+05:49	09:24
3	1046	Maria Manuela Adrega Fonseca	Tartarugas Solidarias	Veterana F45	06:38:44	+09:25	09:30
4	1012	cláudia medeiros	ATLÉTICO CLUBE SÃO MAMEDE	Veterana F45	06:53:29	+24:10	09:51
5	1026	ana duarte	FALCÕES SELVAGENS	Veterana F45	06:57:01	+27:42	09:56
6	1635	Paula Cristina Lizardo de Matos	AC PORTALEGRE / UTM	Veterana F45	07:01:00	+31:41	10:01
7	1061	Carla Maria da Silva Santos	Individual	Veterana F45	07:04:46	+35:27	10:07
8	1008	Aida Freitas	ADCR Polícia Judiciária	Veterana F45	07:21:59	+52:40	10:31
9	1042	Adelaide Araujo	Runners da Frente ribeirinha da Póvoa de santa iria	Veterana F45	07:31:16	+01:01:57	10:45
10	1048	Cidalia Maria Serra Marques Martins	VendasNovas Trail	Veterana F45	07:51:08	+01:21:49	11:13
11	1020	Elsa Maria Felício Dinis	COA - Clube de Orientação e Aventura	Veterana F45	08:13:22	+01:44:03	11:45
12	1054	Elisabete Moreira Gonçalves	Individual	Veterana F45	08:17:07	+01:47:48	11:50
13	1029	Célia Paiva	JOBRINDE - MONTES SALOIOS	Veterana F45	08:24:32	+01:55:13	12:01
14	1035	isabel barra	O Praticante	Veterana F45	08:56:54	+02:27:35	12:47

### Veterana F50

1	1017	Ana Paula Santos	CCRD Burinhosa	Veterana F50	06:32:42		09:21
2	1002	Elena labanji	Individual	Veterana F50	06:41:17	+08:35	09:33
3	1036	Almerinda Velez		Veterana F50	06:46:26	+13:44	09:41
4	244	Maria Manuela Pontes Batista Castro Lopes Figueira Machado	RUN 4 FUN	Veterana F50	07:47:00	+01:14:18	11:07
5	1058	Sandra Magalhães	Individual	Veterana F50	08:26:26	+01:53:44	12:03
6	1064	catarina mesquita	Individual	Veterana F50	09:11:07	+02:38:25	13:07

### Veterana F60

1	1003	Analice Silva	Individual	Veterana F60	08:43:51		12:28
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## Trail Longo

**42 KM**

**OFFICIAL RESULT**

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83	345	Luís Miguel Carvalho	Individual	Veterano M40	07:29:53	+03:20:31	10:43
84	313	Nuno Baixinho	Individual	Veterano M40	07:29:56	+03:20:34	10:43
85	444	Luis Chambel	Individual	Veterano M40	07:32:21	+03:22:59	10:46
86	430	Rui Marino	Individual	Veterano M40	07:40:05	+03:30:43	10:57
87	254	Jaime Beato	Runners da Frente ribeirinha da Póvoa de santa iria	Veterano M40	07:40:09	+03:30:47	10:57
88	262	Carlos Bruno da Silva Grade	Salamandrecos	Veterano M40	07:41:37	+03:32:15	10:59
89	406	Nuno Almeida	Individual	Veterano M40	07:45:18	+03:35:56	11:05
90	393	João Rodrigues	Individual	Veterano M40	07:45:47	+03:36:25	11:05
91	166	Roberto da Silva	Matilha Running	Veterano M40	07:50:32	+03:41:10	11:12
92	230	João Campos	PAVNESEC	Veterano M40	07:51:58	+03:42:36	11:14
93	281	Carlos Manuel Parreira de Brito	Tá lentos Team	Veterano M40	08:01:34	+03:52:12	11:28
94	471	Joao Cruz	Individual	Veterano M40	08:05:49	+03:56:27	11:34
95	163	Mauro Gonçalves	Matilha Running	Veterano M40	08:07:03	+03:57:41	11:36
96	131	José Filipe Garcez	Évora Night Runners	Veterano M40	08:13:39	+04:04:17	11:45
97	263	Jeronimo Esteves	Salamandrecos	Veterano M40	08:14:05	+04:04:43	11:46
98	35	LINO SILVA	Alverca Urban Runners	Veterano M40	08:14:42	+04:05:20	11:47
99	319	HELDER JORGE FERNANDES LOPES	Individual	Veterano M40	08:23:04	+04:13:42	11:59
100	30	José Loureiro	AD Quinta - Atletismo	Veterano M40	08:25:26	+04:16:04	12:02
101	94	Carlos Preciso	Clube Atletismo Amigos de Belém	Veterano M40	08:35:35	+04:26:13	12:17
102	447	Fernando Ferreira	Individual	Veterano M40	08:43:53	+04:34:31	12:28
103	212	Sérgio de Jesus Sampaio de Carvalho	Os Trinca Espinhas	Veterano M40	08:44:10	+04:34:48	12:29
104	239	Paulo Calha		Veterano M40	08:48:33	+04:39:11	12:35
105	226	Ricardo Cordas	Os Trinca Espinhas / MF-Marina	Veterano M40	08:48:34	+04:39:12	12:35
106	32	Carlos De Gouveia Freire	ADCR Polícia Judiciária	Veterano M40	08:56:55	+04:47:33	12:47
107	310	Fernando Xavier	JOBRINDE - MONTES SALOIOS	Veterano M40	09:11:07	+05:01:45	13:07

## Veterano M45

1	279	Marcolino Verissimo	AMCF - Arrábida Trail Team	Veterano M45	04:16:38		06:07
2	78	Luís Mota	CASA DO BENFICA EM ABRANTES	Veterano M45	04:16:39	+00:01	06:07
3	117	Antônio Pardal	Decathlon / OmegaPharma	Veterano M45	04:56:29	+39:51	07:04
4	53	António Afonso	C. R. Alturense	Veterano M45	05:03:20	+46:42	07:13
5	39	José Guilherme Féteira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	05:04:14	+47:36	07:15
6	378	Pedro Conde	CORREMOS.PT	Veterano M45	05:09:13	+52:35	07:22
7	176	António Costa	Monsanto Running Team	Veterano M45	05:15:45	+59:07	07:31
8	335	João Carlos Faria Pereira da Mota	Arrábida Trail	Veterano M45	05:19:17	+01:02:39	07:36
9	47	António Manuel Fraga Miranda	ATR - Algarve Trail Running	Veterano M45	05:24:31	+01:07:53	07:44
10	58	Francisco Primo	C.A.S.P.A. - Clube Amador Só Para Atletismo	Veterano M45	05:34:33	+01:17:55	07:58
11	420	Rui Brás	Individual	Veterano M45	05:38:05	+01:21:27	08:03
12	328	Pedro Miguel Lopes Brito	Individual	Veterano M45	05:47:37	+01:30:59	08:17
13	396	Helder Baptista	Trilho Perdido Eventos/Nutrimania	Veterano M45	05:48:33	+01:31:55	08:18
14	133	vitòr saraiva	FALCÕES SELVAGENS	Veterano M45	05:59:39	+01:43:01	08:34
15	431	Rui Gama	Individual	Veterano M45	06:00:24	+01:43:46	08:35

Official Timekeeper: Lap2Go

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generate 19-Jan-2016 09:25

**Trail Longo**

**42 KM**



**OFFICIAL RESULT**

16	472	Luís Fáisco	PROAVENTURAS	Veterano M45	06:02:13	+01:45:35	08:37
17	186	António Manuel Fernandes	Montanha Clube Trail Running/Runners	Veterano M45	06:02:40	+01:46:02	08:38
18	41	Horácio Ferreira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	06:02:40	+01:46:02	08:38
19	246	Manuel Antonio Barreiros Matos	Individual	Veterano M45	06:07:37	+01:50:59	08:45
20	481	Luis Miguel Matos Ferreira	run4fun	Veterano M45	06:10:26	+01:53:48	08:49
21	280	Luis Madeira	SS CGD	Veterano M45	06:10:29	+01:53:51	08:49
22	81	César Francisco	cesarfrancisco.com   lagrimas team	Veterano M45	06:12:39	+01:56:01	08:52
23	171	Alexandre Kellen	Matilha Running	Veterano M45	06:14:00	+01:57:22	08:54
24	173	Pedro Prudencio	Monsanto Running Team	Veterano M45	06:14:37	+01:57:59	08:55
25	402	Jorge Mamede Abrantes	Individual	Veterano M45	06:14:49	+01:58:11	08:55
26	108	Luís Miguel dos Santos Emídio	COA - Clube de Orientação e Aventura	Veterano M45	06:15:31	+01:58:53	08:56
27	442	José Carlos Ferreira Nunes	Individual	Veterano M45	06:21:10	+02:04:32	09:05
28	46	Filipe Conceição	ATR - Algarve Trail Running	Veterano M45	06:23:16	+02:06:38	09:08
29	348	JOSÉ TOMÁS MICHOA GARCÍA	Individual	Veterano M45	06:23:53	+02:07:15	09:08
30	151	Henrique Simão	JOBRINDE - MONTES SALOIOS	Veterano M45	06:25:06	+02:08:28	09:10
31	218	Antonio Caldeira	Os Trinca Espinhas	Veterano M45	06:27:05	+02:10:27	09:13
32	235	Miguel Lino	PROAVENTURAS	Veterano M45	06:38:14	+02:21:36	09:29
33	191	Mário António Pereira Alberto	Não Fazemos Nem Mais Um... Km	Veterano M45	06:38:43	+02:22:05	09:30
34	405	AUGUSTO NUNES SOUSA	Individual	Veterano M45	06:48:57	+02:32:19	09:44
35	399	João Leandro Agostinho	Individual	Veterano M45	06:49:15	+02:32:37	09:45
36	449	Luis Venancio salguero moreno	Individual	Veterano M45	06:53:53	+02:37:15	09:51
37	418	João Martins	Caracol Trail Team	Veterano M45	07:00:14	+02:43:36	10:00
38	19	Sérgio Rui da Silveira Lança Carinhas	AC PORTALEGRE / UTSM	Veterano M45	07:01:00	+02:44:22	10:01
39	341	João Cid Alves	Individual	Veterano M45	07:03:05	+02:46:27	10:04
40	258	Paulo Rita	Runners da Frente ribeirinha da Póvoa de santa iria	Veterano M45	07:08:17	+02:51:39	10:12
41	148	Vitor Afonso Quaresma Lourenço	JOBRINDE - MONTES SALOIOS	Veterano M45	07:11:12	+02:54:34	10:16
42	152	António Luis	JOBRINDE - MONTES SALOIOS	Veterano M45	07:15:54	+02:59:16	10:23
43	33	David Freitas	ADCR Polícia Judiciária	Veterano M45	07:21:58	+03:05:20	10:31
44	917	Nuno Ferreira	Individual	Veterano M45	07:23:23	+03:06:45	10:33
45	93	José Garcês	Clube Atletismo Amigos de Belém	Veterano M45	07:26:11	+03:09:33	10:37
46	397	João Paulo Santos	Individual	Veterano M45	07:27:19	+03:10:41	10:39
47	427	Pedro Nunes	Individual	Veterano M45	07:27:56	+03:11:18	10:40
48	372	Virgilio Vedor Campos Costa	Individual	Veterano M45	07:31:09	+03:14:31	10:45
49	300	José Luís Santos	Vila Seca Running Team	Veterano M45	07:32:28	+03:15:50	10:46
50	385	jose morales ruiz	Individual	Veterano M45	07:37:32	+03:20:54	10:54
51	101	JOAQUIM BEXIGA	Clube OGMA	Veterano M45	07:38:19	+03:21:41	10:55
52	370	Bruno Mesquita	Individual	Veterano M45	07:41:37	+03:24:59	10:59
53	354	Alexandre Miguel Costa Mota	Évora Night Runners	Veterano M45	08:03:56	+03:47:18	11:31
54	162	Pedro Rosa	Matilha Running	Veterano M45	08:13:58	+03:57:20	11:46
55	436	Helder Vidal	Individual	Veterano M45	08:17:43	+04:01:05	11:51
56	126	Artur Jorge Santos Pereira	Enterprom	Veterano M45	08:26:27	+04:09:49	12:03

**Trail Longo**

**42 KM**



**OFFICIAL RESULT**

**Veterano M50**

1	2	Vitor Cordeiro	AC PORTALEGRE / UTSM	Veterano M50	03:59:40	05:42
2	381	MANUEL PEROZO MOSQUERO	Individual	Veterano M50	04:44:42	+45:02 06:47
3	99	José Lopes	Clube de Atletismo Odimarq	Veterano M50	04:48:32	+48:52 06:52
4	267	paulo alexandre fernandes da silva correia	SCALABIS NIGHT RUNNERS	Veterano M50	04:55:24	+55:44 07:02
5	479	Francisco Gaio	Individual	Veterano M50	05:01:01	+01:01:21 07:10
6	238	Jorge Rodrigues	NAZABOBODA	Veterano M50	05:04:06	+01:04:26 07:14
7	233	Zo Vieira	PROAVENTURAS	Veterano M50	05:24:30	+01:24:50 07:44
8	98	Alexandre Soares	Clube de Atletismo Odimarq	Veterano M50	05:50:12	+01:50:32 08:20
9	74	Aníbal Godinho	Caracol Trail Team	Veterano M50	05:50:26	+01:50:46 08:21
10	278	Paulo Nuno Cordeiro Gonçalves Pires	SS CGD	Veterano M50	05:53:34	+01:53:54 08:25
11	200	antonio soares	O Praticante	Veterano M50	05:56:48	+01:57:08 08:30
12	190	Ricardo Nuno Tavares Xavier Sousa Valente	Não Fazemos Nem Mais Um... Km	Veterano M50	05:57:56	+01:58:16 08:31
13	159	ARETINO VIEIRA MOTA	Linda a Pastora Sporting clube	Veterano M50	06:05:42	+02:06:02 08:42
14	97	Joaquim Martins	Clube de Atletismo Odimarq	Veterano M50	06:10:18	+02:10:38 08:49
15	219	António Estrela	RUN 4 FUN	Veterano M50	06:11:47	+02:12:07 08:51
16	102	Luís Soares	Clube OGMA	Veterano M50	06:20:43	+02:21:03 09:04
17	438	Renato Miguel Fernandes Simões de Barros	Montanha Clube Trail Running/Runners	Veterano M50	06:25:33	+02:25:53 09:11
18	192	Antonio jose felix Ninhos	Núcleo Sportingista de moura	Veterano M50	06:29:00	+02:29:20 09:16
19	360	João Lourenço	Salamandrecos	Veterano M50	06:43:36	+02:43:56 09:37
20	52	Fernando Silva	C. R. Alturense	Veterano M50	06:45:45	+02:46:05 09:40
21	343	Luis Villanueva	Individual	Veterano M50	06:47:52	+02:48:12 09:43
22	314	Carlos Alberto Amado Pascoal	Individual	Veterano M50	06:56:48	+02:57:08 09:55
23	68	Carlos Eira	CALMA - Tomar	Veterano M50	07:17:55	+03:18:15 10:26
24	289	António Trindade	TOMAR RUNNERS	Veterano M50	07:17:56	+03:18:16 10:26
25	209	RAMIRO GALOCHA	Os Trinca Espinhas	Veterano M50	07:22:04	+03:22:24 10:32
26	376	Miguel Baptista	Individual	Veterano M50	07:23:23	+03:23:43 10:33
27	161	Joaquim Lima	Matilha Running	Veterano M50	07:25:11	+03:25:31 10:36
28	55	Orlando Sebastião	C. R. Alturense	Veterano M50	07:29:28	+03:29:48 10:42
29	138	Rui Pedro Juliao	Georunners	Veterano M50	07:29:52	+03:30:12 10:43
30	293	Carlos Costa	TRAILERS	Veterano M50	07:38:10	+03:38:30 10:55
31	195	Fernando Morais	O Mundo da Corrida	Veterano M50	07:53:50	+03:54:10 11:17
32	84	Carlos Mauricio	CLAC Entroncamento	Veterano M50	08:14:04	+04:14:24 11:46
33	95	Vitor Jorge	Clube Atletismo Amigos de Belém	Veterano M50	08:35:34	+04:35:54 12:17
34	243	Jorge Alexandre Teixeira Esteves	RUN 4 FUN	Veterano M50	08:43:49	+04:44:09 12:28

**Veterano M55**

1	237	MANUEL RAMOS	PROAVENTURAS	Veterano M55	05:02:55	07:13
2	21	Emílio João Canhão Paulino	AC PORTALEGRE / UTSM	Veterano M55	05:14:46	+11:51 07:30
3	18	Manuel José Ferreira Ceia	AC PORTALEGRE / UTSM	Veterano M55	05:37:54	+34:59 08:03
4	180	Jose Manuel Fernandes Figueiredo	Monsanto Running Team	Veterano M55	06:04:28	+01:01:33 08:41
5	201	antonio nereu	O Praticante	Veterano M55	06:12:55	+01:10:00 08:53

## Trail Longo

42 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	160	ALMIRO FEIJÃO	Linda a Pastora Sporting clube	Veterano M55	06:34:51	+01:31:56	09:24
7	221	António Manuel Carita Franco	Os Trinca Espinhas	Veterano M55	06:54:10	+01:51:15	09:52
8	326	José Lourenço Pereira Barroco	Individual	Veterano M55	06:55:37	+01:52:42	09:54
9	223	Joao Serrano Andrade ( Juanito )	Os Trinca Espinhas	Veterano M55	07:03:07	+02:00:12	10:04
10	220	José Velez		Veterano M55	07:19:08	+02:16:13	10:27
11	470	Claudino Almeida Rebelo	Individual	Veterano M55	08:20:10	+03:17:15	11:55
12	294	Pedro Monteiro	TRAILERS	Veterano M55	08:20:18	+03:17:23	11:55
13	92	Júlio Castro	Clube Atletismo Amigos de Belém	Veterano M55	08:22:56	+03:20:01	11:58
14	242	Teodoro José Pereira Trindade	RUN 4 FUN	Veterano M55	08:43:49	+03:40:54	12:28

## Veterano M60

1	69	Jorge Manuel Marquês Serrazina	CAOB	Veterano M60	05:29:07		07:50
2	37	Henrique Adrega	amigosdacorrida.com	Veterano M60	07:08:57	+01:39:50	10:13
3	277	José Manuel Severino da Rosa	SS CGD	Veterano M60	07:12:28	+01:43:21	10:18
4	207	Domingos Fernandes	Os Amigos do Atletismo	Veterano M60	07:48:11	+02:19:04	11:09

## COLETIVA - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	AC PORTALEGRE / UTSM	4 + 5 + 10	19
2	Dr. Merino/Nutrifit	2 + 16 + 17	35
3	Caracol Trail Team	22 + 24 + 25	71
4	O Mundo da Corrida	20 + 27 + 89	136
5	ARSM - Associação Recreativa de S. Miguel	30 + 52 + 56	138
6	CORREMOS.PT	18 + 55 + 83	156
7	Monsanto Running Team	44 + 61 + 71	176
8	PROAVENTURAS	49 + 74 + 132	255
9	UDR ZONA ALTA - Torres Novas	42 + 66 + 153	261
10	GO!Runners	32 + 116 + 158	306
11	Clube de Atletismo Odimarq	26 + 119 + 170	315
12	C.D."Os Águias" Trail/Running	62 + 134 + 146	342
13	Os Trinca Espinhas	113 + 125 + 138	376
14	Estrela do Campo de Aviação Futebol Clube	47 + 108 + 232	387
15	ATR - Algarve Trail Running	75 + 130 + 200	405
16	C. R. Alturense	50 + 107 + 248	405
17	COA - Clube de Orientação e Aventura	93 + 157 + 185	435
18	Montanha Clube Trail Running/Runners	148 + 150 + 151	449
19	Matilha Running	90 + 180 + 182	452
20	Juventude Vidigalense	112 + 161 + 204	477
21	Tálenos Team	88 + 99 + 292	479
22	Runners da Frente ribeirinha da Póvoa de santa iria	123 + 176 + 244	543
23	CLUB TRAIL COMESUELAS	57 + 230 + 260	547
24	RUN 4 FUN	160 + 174 + 216	550
25	MÉRIDA TRAIL	129 + 152 + 282	563
26	O Praticante	136 + 178 + 252	566
27	A20KM	41 + 254 + 279	574
28	SS CGD	131 + 173 + 304	608
29	Salamandreco	85 + 243 + 294	622
30	CLAC Entroncamento	77 + 268 + 392	737
31	JOBRIINDE - MONTES SALOIOS	206 + 303 + 307	816
32	Clube OGMA	196 + 353 + 354	903
33	Aminhacorrida/Kalenji	286 + 329 + 330	945
34	Tartarugas Solidarias	235 + 370 + 374	979
35		249 + 314 + 425	988
36	Tough Trails Alenquer	195 + 397 + 398	990
37	Alverca Urban Runners	229 + 394 + 424	1047
38	ADCR Polícia Judiciária	317 + 318 + 428	1063





**TRAIL CURTO - STAGE 1**
**21 KM**
**R**  
 REVISED

**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	09:45	14.4°C	80.9%
End	16:33	14.7°C	80.8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	528	Fábio Fontoura	aminhacorrida/kalenji	Senior Masculino	01:51:16		05:18
2	600	Pedro Rodrigues	edv- viana trail	Senior Masculino	01:56:30	+05:14	05:33
3	553	Luciano Gordo	ccd municipio de portalegre	Veterano M40	01:59:01	+07:45	05:40
4	815	JOSE SILVERIO	individual	Senior Masculino	01:59:03	+07:47	05:40
5	501	Francisco Vaz	ccd municipio de portalegre	Veterano M50	02:04:01	+12:45	05:54
6	247	Nelson Graça	run.pt	Senior Masculino	02:04:02	+12:46	05:54
7	554	Rui Parrano	ccd municipio de portalegre	Senior Masculino	02:10:48	+19:32	06:14
8	502	Licínio Canhoto	ccd municipio de portalegre	Veterano M40	02:12:21	+21:05	06:18
9	610	António Antas	furões do alentejo	Veterano M50	02:15:12	+23:56	06:26
10	516	Pedro Salvador Trindade Azinhaga	os trinca espinhas	Senior Masculino	02:15:30	+24:14	06:27
11	652	Bruno Figueiredo	offtel runners	Senior Masculino	02:16:32	+25:16	06:30
12	841	Roberto RODRIGUES	go!runners	Senior Masculino	02:17:03	+25:47	06:32
13	906	André Lopes	furões do alentejo	Senior Masculino	02:17:20	+26:04	06:32
14	745	Carlos Gonçalves	individual	Senior Masculino	02:17:21	+26:05	06:32
15	581	RICARDO MORGADO	cmdr vvr	Senior Masculino	02:17:21	+26:05	06:32
16	656	Nuno Massaneiro	cicloclube btt elvas	Veterano M40	02:17:28	+26:12	06:33
17	1550	Aires Duarte	casa matos bike shop/reatam - tramagal	Veterano M40	02:17:35	+26:19	06:33
18	571	ARQUIMINIO CARRETAS	clube elvensen natação	Veterano M50	02:18:02	+26:46	06:34
19	521	Paulo Pernes	adc - associação desportiva de castelo de vide	Senior Masculino	02:19:06	+27:50	06:37
20	522	Rui Moura	adc - associação desportiva de castelo de vide	Senior Masculino	02:19:07	+27:51	06:37
21	527	João Pereira	aminhacorrida/kalenji	Senior Masculino	02:19:38	+28:22	06:39
22	825	Ricardo Aguiar	individual	Veterano M40	02:22:10	+30:54	06:46
23	808	guilherme hora	individual	Veterano M40	02:23:32	+32:16	06:50
24	831	António José Moderno Pereira	individual	Senior Masculino	02:23:50	+32:34	06:51
25	800	jose freitas da silva	individual	Veterano M50	02:24:02	+32:46	06:52
26	629	Luís Escarameia	inijovem - nisa	Senior Masculino	02:24:13	+32:57	06:52
27	536	João António Fernandes	ases do pedal	Veterano M50	02:24:27	+33:11	06:53
28	580	LUIS MIGUEL MORGADO LADEIRA	clube4estilos	Veterano M40	02:25:00	+33:44	06:54
29	847	JOSE MARÍA DÍAZ ALÍAS	individual	Veterano M40	02:25:18	+34:02	06:55
30	778	Pedro Basso	individual	Veterano M40	02:25:25	+34:09	06:55
31	749	António Varandas	individual	Veterano M40	02:25:36	+34:20	06:56
32	590	Telmo Almeida	dci / ccdpr	Veterano M40	02:25:37	+34:21	06:56
33	1514	Cristina Couceiro	arsm - associação recreativa de s. miguel	Veterana F40	02:25:42	+34:26	06:56
34	890	Daniel Rodrigues	individual	Senior Masculino	02:26:53	+35:37	07:00
35	683	Jorge Pé-Curto	proaventuras	Veterano M40	02:27:13	+35:57	07:01
36	570	ALEXANDRE LEAL	clube elvensen natação	Senior Masculino	02:27:29	+36:13	07:01
37	744	Paulo Raposo	individual	Veterano M40	02:28:43	+37:27	07:05
38	678	RUI MANUEL CRESPO RAINHO	os trinca espinhas	Veterano M40	02:28:54	+37:38	07:05
39	607	Nuno Pimpão	furões do alentejo	Senior Masculino	02:28:59	+37:43	07:06
40	551	Hugo Filipe Pinto Gonçalves	cbrunningteam	Senior Masculino	02:29:08	+37:52	07:06

**TRAIL CURTO - STAGE 1**

**21 KM**

R  
REVISED

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	899	Pedro Ferro		Veterano M40	02:29:11	+37:55	07:06
42	781	Luis Miguel Pereira Nunes	individual	Senior Masculino	02:29:13	+37:57	07:06
43	751	José Carlos Narciso dos Reis	individual	Senior Masculino	02:29:40	+38:24	07:08
44	814	ISMAEL LOPEZ	individual	Veterano M40	02:30:19	+39:03	07:09
45	742	Pedro Ferreira	zimbra fox runners	Senior Masculino	02:30:23	+39:07	07:10
46	886	Jose Felizardo	os trinca espinhas	Veterano M40	02:30:28	+39:12	07:10
47	514	Luis Miguel da Cruz Rodrigues	ac portalegre / utsm	Veterano M40	02:30:59	+39:43	07:11
48	810	Nuno Miguel Cabeça Salomé Vieira	individual	Senior Masculino	02:32:20	+41:04	07:15
49	513	Hugo Sequeira	ac portalegre / utsm	Senior Masculino	02:32:22	+41:06	07:15
50	1500	Raquel Costa	gafanhori - clube de orientação de arraiolos	Senior Feminino	02:33:00	+41:44	07:17
51	637	Gonçalo Louro	inijovem - nisa	Senior Masculino	02:33:58	+42:42	07:20
52	582	Bruno Miguel Luís Ferreira	coa - clube de orientação e aventura	Senior Masculino	02:35:45	+44:29	07:25
53	854	João Casqueira	individual	Senior Masculino	02:36:30	+45:14	07:27
54	651	Licínio José Antunes Sequeira	o mundo da corrida	Veterano M40	02:37:17	+46:01	07:29
55	572	PAULO CONCEIÇÃO	clube elvense natação	Veterano M40	02:37:52	+46:36	07:31
56	519	Nuno Filipe Rodrigues	ac portalegre / utsm	Veterano M40	02:37:52	+46:36	07:31
57	643	leonel jose ramos batista	lasori pastelarias	Veterano M40	02:38:15	+46:59	07:32
58	736	RAUL MENDEZ SANCHEZ	trail gurus	Senior Masculino	02:39:00	+47:44	07:34
59	734	FRANCISCO JAVIER FERNANDEZ GARCIA	trail gurus	Veterano M40	02:39:01	+47:45	07:34
60	634	Pedro Miguel Valente	inijovem - nisa	Veterano M40	02:39:11	+47:55	07:35
61	691	Marco António Taxas Raminhos	rota d'ossa running	Senior Masculino	02:39:53	+48:37	07:37
62	904	Ricardo González	rota d'ossa running	Senior Masculino	02:39:54	+48:38	07:37
63	821	Diogo José Matos Carlos	individual	Senior Masculino	02:40:02	+48:46	07:37
64	633	Paulo Jorge Guardado Marques	inijovem - nisa	Veterano M50	02:40:08	+48:52	07:38
65	822	Luis Miguel Carvalho Neves	individual	Senior Masculino	02:40:13	+48:57	07:38
66	1648	Jocelina Jesus Ferreira	clube juventude vidigalense	Veterana F40	02:40:18	+49:02	07:38
67	882	Pedro Barbas	individual	Veterano M40	02:41:05	+49:49	07:40
68	1611	Ana Gonçalves	individual	Senior Feminino	02:41:06	+49:50	07:40
69	891	Miguel António Gomes	centro de formação de portalegre / gnr	Senior Masculino	02:41:07	+49:51	07:40
70	860	hugo batista	gáfeterunners	Senior Masculino	02:41:14	+49:58	07:41
71	632	João Sequeira	inijovem - nisa	Veterano M40	02:41:14	+49:58	07:41
72	863	Paulo oliveira	individual	Veterano M40	02:41:46	+50:30	07:42
73	596	Pedro Miguel da Conceição Ramos	delta cafés	Veterano M40	02:41:48	+50:32	07:42
74	768	Paulo Monteiro	individual	Senior Masculino	02:42:05	+50:49	07:43
75	276	Rui Miguel Castro Martins	ss cgd	Senior Masculino	02:42:17	+51:01	07:44
76	525	Rui Lobo	atr - algarve trail running	Veterano M50	02:42:25	+51:09	07:44
77	231	Marcelino Batista	piranhas do alqueva	Veterano M40	02:42:39	+51:23	07:45
78	609	Rui Rebocho	furões do alentejo	Senior Masculino	02:42:43	+51:27	07:45
79	612	FRANCISCO CURRALEIRA	furões do alentejo	Senior Masculino	02:42:43	+51:27	07:45
80	733	DAVID CARNERERO DE LA PAZ	trail gurus	Veterano M40	02:42:49	+51:33	07:45
81	735	FERNANDO BUENO CAÑAMERO	trail gurus	Veterano M40	02:42:49	+51:33	07:45
82	737	JUAN MANUEL RUBIALES LORO	trail gurus	Veterano M40	02:42:49	+51:33	07:45
83	1627	maria oliveira	individual	Veterana F40	02:43:00	+51:44	07:46
84	517	Gonçalo Lourinho	cbrunningteam	Senior Masculino	02:43:34	+52:18	07:47
85	588	Gonçalo Prudencio	corrida da linha	Senior Masculino	02:44:26	+53:10	07:50

**TRAIL CURTO - STAGE 1**

**21 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	883	Jorge Carapeta	rota d'ossa running	Senior Masculino	02:45:27	+54:11	07:53
87	639	Sérgio de Sá Magalhães	kainagua	Veterano M50	02:45:31	+54:15	07:53
88	688	Nuno Miguel Martinho Escarameia	rodas s.mamede/moreira congelados	Senior Masculino	02:45:42	+54:26	07:53
89	888	João Machado	individual	Veterano M50	02:45:53	+54:37	07:54
90	856	Bruno Semedo	individual	Senior Masculino	02:45:58	+54:42	07:54
91	730	Nuno Santos	team slugs	Senior Masculino	02:46:15	+54:59	07:55
92	622	Eduardo Lagareiro	ialbax running	Veterano M40	02:46:42	+55:26	07:56
93	1510	Filipa Gonçalves	ac portalegre / utsm	Senior Feminino	02:46:54	+55:38	07:57
94	1640	Cláudia Luz Correia	individual	Veterana F40	02:46:57	+55:41	07:57
95	557	Rui Simões	clac entroncamento	Veterano M40	02:46:58	+55:42	07:57
96	1503	Ana Vintém	ac portalegre / utsm	Senior Feminino	02:47:05	+55:49	07:57
97	511	JOSÉ MANUEL CARRAPIÇO MARTINS	ac portalegre / utsm	Veterano M40	02:47:44	+56:28	07:59
98	1506	Vitorina Mourato	ac portalegre / utsm	Veterana F50	02:47:51	+56:35	08:00
99	759	Tiago Marques	individual	Senior Masculino	02:47:55	+56:39	08:00
100	623	Humberto Pestana	ialbax running	Senior Masculino	02:50:01	+58:45	08:06
101	644	Jesualdo Claro	lebres da planície	Senior Masculino	02:50:19	+59:03	08:07
102	512	Luís Fernando Belchior Maurício	ac portalegre / utsm	Veterano M40	02:50:31	+59:15	08:07
103	914	Bruno Custódio	individual	Senior Masculino	02:50:40	+59:24	08:08
104	575	ÁLVARO CAEIRO	clube elvense natação	Veterano M40	02:50:47	+59:31	08:08
105	392	Fernando Carvajal Vera	individual	Veterano M40	02:51:37	+01:00:21	08:10
106	62	Michael Granadeiro	c.d."os águas" trail/running	Senior Masculino	02:51:43	+01:00:27	08:11
107	515	José Moisés	ac portalegre / utsm	Veterano M40	02:52:16	+01:01:00	08:12
108	1637	Glória Serrazina	individual	Veterana F50	02:52:37	+01:01:21	08:13
109	586	Manuel Lopes da Silva	coa - clube de orientação e aventura	Veterano M40	02:52:38	+01:01:22	08:13
110	508	João Barriguinha Marques	a d flor da rosa	Senior Masculino	02:52:41	+01:01:25	08:13
111	569	PEDRO CORREIA	clube elvense natação	Veterano M40	02:54:26	+01:03:10	08:18
112	752	António Casa Nova	os trinca espinhas	Veterano M50	02:54:40	+01:03:24	08:19
113	545	Pedro Fogueteiro	c.d."os águas" trail/running	Veterano M40	02:54:46	+01:03:30	08:19
114	544	António Miguel Judas Coelho	btt vila boim	Veterano M40	02:54:46	+01:03:30	08:19
115	838	Júlio Realinho	individual	Senior Masculino	02:54:49	+01:03:33	08:19
116	674	António Matos	os trinca espinhas	Veterano M40	02:55:17	+01:04:01	08:21
117	787	João Trindade	individual	Senior Masculino	02:55:41	+01:04:25	08:22
118	627	Bento Semedo	inijovem - nisa	Veterano M50	02:55:47	+01:04:31	08:22
119	635	José Bizarro	inijovem - nisa	Veterano M40	02:55:55	+01:04:39	08:23
120	843	marco jose da silva vicente	individual	Senior Masculino	02:56:10	+01:04:54	08:23
121	679	Nuno Miguel Lopes Ferreira	pace.makers	Senior Masculino	02:56:12	+01:04:56	08:23
122	578	Paulo Monteiro	clube ogma	Veterano M50	02:56:15	+01:04:59	08:24
123	576	Nuno Pereira	clube ogma	Veterano M40	02:56:17	+01:05:01	08:24
124	1578	Carmo Moser	salamandrecos / correr na cidade	Senior Feminino	02:56:19	+01:05:03	08:24
125	573	ANTÓNIO CORTES	clube elvense natação	Veterano M40	02:56:37	+01:05:21	08:25
126	710	Alain Besson	tãlentos team	Veterano M60	02:56:38	+01:05:22	08:25
127	684	SÉRGIO CASAL	proaventuras	Veterano M40	02:56:40	+01:05:24	08:25
128	894	Cláudio Jorge Alves da Silva	coa - clube de orientação e aventura	Senior Masculino	02:56:45	+01:05:29	08:25
129	1626	Ana María Rodríguez Benito	individual	Veterana F60	02:56:47	+01:05:31	08:25
130	887	Pedro Pereira	furões do alentejo	Senior Masculino	02:57:09	+01:05:53	08:26



**TRAIL CURTO - STAGE 1****21 KM****OFFICIAL RESULT****R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	583	Hugo Miguel Marques de Abreu Lopes	coa - clube de orientação e aventura	Veterano M40	03:09:45	+01:18:29	09:02
174	675	Geraldo Amiguiño Ferreira	os trinca espinhas	Veterano M40	03:10:07	+01:18:51	09:03
175	614	Daniel Barros	ginásio gymnob	Senior Masculino	03:10:07	+01:18:51	09:03
176	655	Bruno Perdigão	os coxos e o miguel	Veterano M40	03:10:33	+01:19:17	09:04
177	682	Rui Miguel Silva	peste & sindas	Veterano M40	03:10:39	+01:19:23	09:05
178	665	Joaquim José Leal da Silva	os trinca espinhas	Veterano M50	03:10:57	+01:19:41	09:06
179	510	Luis Miguel Casimiro Rodrigues	ac portalegre / utsm	Veterano M40	03:11:22	+01:20:06	09:07
180	1623	Lidia Calado	individual	Senior Feminino	03:11:34	+01:20:18	09:07
181	754	José Carlos Clímaco Pereira	individual	Senior Masculino	03:11:46	+01:20:30	09:08
182	1504	Rute Maria Ferreira	ac portalegre / utsm	Veterana F40	03:11:56	+01:20:40	09:08
183	628	Ricardo Manuel Paiva Fazendas	inijovem - nisa	Veterano M40	03:11:56	+01:20:40	09:08
184	879	Sergio Rebelo Das Dores	individual	Veterano M40	03:12:03	+01:20:47	09:09
185	722	Ricardo Catarino	team rainha santa isabel / tarsibus - estremoç	Senior Masculino	03:12:08	+01:20:52	09:09
186	672	NUNO OLIVEIRA	os trinca espinhas	Senior Masculino	03:12:50	+01:21:34	09:11
187	608	Vitor Amaro	furões do alentejo	Senior Masculino	03:13:20	+01:22:04	09:12
188	833	Telmo Ricardo Mira Ambrósio	furões do alentejo	Senior Masculino	03:13:20	+01:22:04	09:12
189	850	Francisco Javier Gallardo Pérez	individual	Veterano M40	03:13:33	+01:22:17	09:13
190	690	Luis Miguel Cardoso Borralho	rota d'ossa running	Senior Masculino	03:13:43	+01:22:27	09:13
191	895	João Lourenço	grupo desportivo de alegrete	Senior Masculino	03:14:25	+01:23:09	09:15
192	739	Hugo Guerreiro	váriltintas	Senior Masculino	03:14:42	+01:23:26	09:16
193	1032	Cátia Santos	monsanto running team	Senior Feminino	03:14:46	+01:23:30	09:16
194	876	Manuel Teodósio Dias Bravo	individual	Senior Masculino	03:14:50	+01:23:34	09:17
195	1570	Sara Velho	proaventuras	Veterana F40	03:15:24	+01:24:08	09:18
196	1642	Fernando Moura	trinca espinhas	Veterano M60	03:15:46	+01:24:30	09:19
197	804	Rui Manuel R. Azevedo	individual	Veterano M50	03:16:07	+01:24:51	09:20
198	803	António José R. Azevedo	individual	Veterano M50	03:16:09	+01:24:53	09:20
199	1618	Helena Maria Rodrigues Ferreira	individual	Senior Feminino	03:16:22	+01:25:06	09:21
200	790	Filipe Duarte Silva Fernandes	individual	Senior Masculino	03:16:26	+01:25:10	09:21
201	791	Carlos Manuel Alves de Matos	individual	Veterano M40	03:16:27	+01:25:11	09:21
202	649	André Matos	o mundo da corrida	Senior Masculino	03:16:29	+01:25:13	09:21
203	865	Eduardo Parreira	individual	Senior Masculino	03:16:31	+01:25:15	09:21
204	604	Francisco José Pereira Filipe Sousa Batista	estrela do campo de aviação futebol clube	Senior Masculino	03:18:17	+01:27:01	09:27
205	589	LUIS MIGUEL RIBEIRO PEREIRA	coxos e o miguel	Veterano M40	03:18:28	+01:27:12	09:27
206	783	João Pedro Ventura Rodolfo	individual	Veterano M40	03:19:21	+01:28:05	09:30
207	621	Nuno Santana	gurus	Senior Masculino	03:19:30	+01:28:14	09:30
208	1509	Ana Ventura	ac portalegre / utsm	Veterana F40	03:20:07	+01:28:51	09:32
209	740	João Carlos Ribeiro Alvaro	vitória clube benquerença	Senior Masculino	03:20:40	+01:29:24	09:33
210	701	Jorge Belchior Pires	tálenos team	Senior Masculino	03:20:55	+01:29:39	09:34
211	852	João Miguel Picanço Rodrigues	individual	Senior Masculino	03:21:04	+01:29:48	09:34
212	537	João Vitor Amaral Mourato Ferreira	associação da juventude vidense	Senior Masculino	03:21:22	+01:30:06	09:35
213	1614	Monica Quartín	individual	Veterana F40	03:21:24	+01:30:08	09:35
214	823	Nuno Duarte	individual	Senior Masculino	03:21:31	+01:30:15	09:36
215	875	João Luis Vaz Trindade	individual	Senior Masculino	03:21:35	+01:30:19	09:36
216	878	Nuno Tiago	pace.makers	Veterano M40	03:21:47	+01:30:31	09:37

**TRAIL CURTO - STAGE 1**

**21 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
217	851	Luís Miguel Melo Santos	individual	Veterano M40	03:21:54	+01:30:38	09:37
218	902	ROGÉRIO MORDIDO VENÂNCIO	individual	Veterano M60	03:22:10	+01:30:54	09:38
219	1641	Lucia de Fatima Silva Fernandes	individual	Veterana F40	03:22:17	+01:31:01	09:38
220	896	Marco Campaniço	individual	Senior Masculino	03:22:39	+01:31:23	09:39
221	567	Fabio Miguel ramalho dos santos	clube atletismo da amora	Senior Masculino	03:22:40	+01:31:24	09:39
222	1024	Mónica Simaura Martins Vital	eléctrico futebol clube	Senior Feminino	03:22:43	+01:31:27	09:39
223	1555	Cristina Barros	offtel runners	Veterana F40	03:22:51	+01:31:35	09:40
224	748	José Mira	individual	Veterano M40	03:22:53	+01:31:37	09:40
225	566	rui jose ramalho dos santos	clube atletismo da amora	Veterano M40	03:22:55	+01:31:39	09:40
226	885	João Milhinhos	individual	Senior Masculino	03:23:03	+01:31:47	09:40
227	1571	Maria José Felisardo	proaventuras	Veterana F40	03:23:06	+01:31:50	09:40
228	1538	Catia Pinto	gurus	Senior Feminino	03:23:47	+01:32:31	09:42
229	620	Duarte Ramalho	gurus	Senior Masculino	03:23:47	+01:32:31	09:42
230	591	João Cavadas	dci / ccdrp	Veterano M50	03:24:09	+01:32:53	09:43
231	669	LUIS GAIÃO	os trinca espinhas	Veterano M40	03:24:09	+01:32:53	09:43
232	1502	Catarina Brás Ramalho	ac portalegre / utsm	Senior Feminino	03:24:12	+01:32:56	09:43
233	1633	Amalia Bejar Rodriguez	individual	Veterana F40	03:24:14	+01:32:58	09:44
234	813	André Machado	individual	Senior Masculino	03:24:32	+01:33:16	09:44
235	692	Luis Nico	rota d'ossa running	Senior Masculino	03:24:44	+01:33:28	09:45
236	761	Joaquim José Azeitona Raimundo	rota d'ossa running	Senior Masculino	03:24:44	+01:33:28	09:45
237	538	Pedro Trabucho	bpi runners	Veterano M50	03:25:12	+01:33:56	09:46
238	853	Antonio fe	individual	Veterano M40	03:25:13	+01:33:57	09:46
239	1643	Sofia Ramos	individual	Senior Feminino	03:25:15	+01:33:59	09:46
240	830	Cristóvão Santos	individual	Senior Masculino	03:25:16	+01:34:00	09:46
241	756	João Ricardo Pereira Venâncio	individual	Veterano M40	03:25:18	+01:34:02	09:47
242	873	José Carlos Anes Carvalheira	individual	Senior Masculino	03:25:26	+01:34:10	09:47
243	686	Luís Baião	que estrondo!	Senior Masculino	03:25:36	+01:34:20	09:47
244	806	Luis Relvas	individual	Senior Masculino	03:25:38	+01:34:22	09:48
245	757	Bernardo de Filipitsch Raposo Dinis Bordalo	individual	Senior Masculino	03:26:17	+01:35:01	09:49
246	743	Luís Miguel Fernandes Rodrigues	individual	Senior Masculino	03:26:18	+01:35:02	09:49
247	36	José Mercês	delta cafés	Senior Masculino	03:26:53	+01:35:37	09:51
248	795	António Iria	individual	Veterano M40	03:27:39	+01:36:23	09:53
249	786	Adelino Trindade	individual	Veterano M40	03:27:39	+01:36:23	09:53
250	779	António Cerejo	individual	Veterano M40	03:27:40	+01:36:24	09:53
251	543	João António Ramalho Dias	btt vila boim	Veterano M40	03:27:51	+01:36:35	09:54
252	732	Rodrigo Prudêncio	trail "c.d. os águias" alpiarça	Senior Masculino	03:28:02	+01:36:46	09:54
253	546	Carlos Alexandre	c.d."os águias" trail/running	Veterano M40	03:28:02	+01:36:46	09:54
254	523	Nuno André	águias trailrunning	Senior Masculino	03:28:02	+01:36:46	09:54
255	61	Hugo Agostinho	c.d."os águias" trail/running	Senior Masculino	03:28:03	+01:36:47	09:54
256	1534	Ana Martins	furões do alentejo	Veterana F40	03:28:09	+01:36:53	09:55
257	1601	Ana Costa	monsanto running team	Veterana F40	03:28:09	+01:36:53	09:55
258	1558	Diana Veiga Romão	os trinca espinhas	Senior Feminino	03:28:53	+01:37:37	09:57
259	898	Julio Jose Pires Paixão	individual	Veterano M40	03:29:24	+01:38:08	09:58
260	695	André Eduardo Tita Gonçalves	salero/fitmourabvm	Senior Masculino	03:29:34	+01:38:18	09:59
261	1579	Vânia Monteiro Caldeira	salero/fitmourabvm	Senior Feminino	03:29:35	+01:38:19	09:59







**TRAIL CURTO - STAGE 1**

**21 KM**

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REVISED

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
348	667	João Trindade Pires	os trinca espinhas	Veterano M40	03:57:50	+02:06:34	11:20
349	796	Ricardo Brito	individual	Senior Masculino	03:58:11	+02:06:55	11:21
350	1505	Maria João Valério	ac portalegre / utsm	Veterana F40	03:58:40	+02:07:24	11:22
351	797	Márcio Silva	individual	Senior Masculino	03:59:22	+02:08:06	11:24
352	539	Antonio Sanches	bpi runners	Veterano M60	03:59:50	+02:08:34	11:25
353	1527	Madalena Alexandra Verdades Nunes	coa - clube de orientação e aventura	Senior Feminino	04:01:00	+02:09:44	11:29
354	1628	Teresa Napita	individual	Veterana F40	04:01:07	+02:09:51	11:29
355	1515	Helena Cunha	asas	Veterana F50	04:01:19	+02:10:03	11:29
356	533	Agostinho Marques	asas	Veterano M50	04:01:20	+02:10:04	11:30
357	661	António Parente	os trinca espinhas	Veterano M40	04:01:32	+02:10:16	11:30
358	662	Guilherme Jorge Reis Trindade	os trinca espinhas	Senior Masculino	04:01:33	+02:10:17	11:30
359	746	Rodrigo Ribeiro Guerreiro	individual	Senior Masculino	04:02:03	+02:10:47	11:32
360	568	JORGE MARTINS	clube elvense natação	Veterano M40	04:02:53	+02:11:37	11:34
361	1566	Cátia Calha	os trinca espinhas	Senior Feminino	04:03:01	+02:11:45	11:34
362	645	João Costa	margaridafitness	Veterano M50	04:03:47	+02:12:31	11:37
363	1507	Filomena Cordeiro	ac portalegre / utsm	Veterana F40	04:03:47	+02:12:31	11:37
364	1658	Irene González Cruz	individual	Senior Feminino	04:04:48	+02:13:32	11:39
365	1652	María Mercedes Ramos Pérez	individual	Veterana F40	04:04:48	+02:13:32	11:39
366	845	Tiago manuel louro farinha	individual	Senior Masculino	04:04:55	+02:13:39	11:40
367	1649	MARIA DE LURDES RAMOS RABAÇA	individual	Veterana F40	04:05:37	+02:14:21	11:42
368	842	RUI VICENTE NUNES VERMELHO	individual	Veterano M40	04:05:38	+02:14:22	11:42
369	1622	Susana Ladeira	individual	Senior Feminino	04:05:48	+02:14:32	11:42
370	624	JOAO AFONSO	ialbax running	Senior Masculino	04:06:15	+02:14:59	11:44
371	1656	Andrea neves	individual	Senior Feminino	04:06:28	+02:15:12	11:44
372	1589	Elisabete Azougado	tálenos team	Veterana F40	04:06:36	+02:15:20	11:45
373	907	Miguel Passos	tálenos team	Veterano M40	04:06:36	+02:15:20	11:45
374	915	Atleta 915	individual	Veterano M50	04:07:44	+02:16:28	11:48
375	670	PEDRO ESQUETIM	os trinca espinhas	Senior Masculino	04:08:11	+02:16:55	11:49
376	505	José Ventura	#pontefinal_rt	Veterano M40	04:09:24	+02:18:08	11:53
377	698	Rúben André Romão Garcia	sor a rasgar	Senior Masculino	04:09:24	+02:18:08	11:53
378	506	Nuno Rodrigues	#pontefinal_rt	Senior Masculino	04:09:25	+02:18:09	11:53
379	1674	Maria Fernandes Roman	individual	Veterana F40	04:09:33	+02:18:17	11:53
380	1516	Telma Sofia Farias Ramires	atr - algarve trail running	Senior Feminino	04:09:45	+02:18:29	11:54
381	1537	Margarida Rosa	gurus	Veterana F40	04:10:11	+02:18:55	11:55
382	1615	Maria Cristina Santos Rodrigues	individual	Veterana F50	04:10:11	+02:18:55	11:55
383	771	Bruno Miguel Pombinho Cachapa	individual	Senior Masculino	04:11:25	+02:20:09	11:58
384	587	Diogo Rafael Marques Lopes	coa - clube de orientação e aventura	Senior Masculino	04:13:05	+02:21:49	12:03
385	1586	Susana Farinhas	tálenos team	Veterana F40	04:13:06	+02:21:50	12:03
386	726	Isidoro Batista	team rainha santa isabel / tarsibus - estremo	Veterano M50	04:13:07	+02:21:51	12:03
387	723	António Batista	team rainha santa isabel / tarsibus - estremo	Senior Masculino	04:13:10	+02:21:54	12:03
388	548	Rui Martins	casa da loja / maison garrett	Veterano M40	04:13:23	+02:22:07	12:04
389	615	JOAO MIGUEL ASSUNÇÃO FERNANDES	glassdrive portalegre	Senior Masculino	04:13:30	+02:22:14	12:04
390	616	JOSE FILIPE FERNANDES	glassdrive portalegre	Senior Masculino	04:13:30	+02:22:14	12:04

TRAIL CURTO - STAGE 1

21 KM

**R**  
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
391	871	Nuno Ferreira	individual	Veterano M40	04:14:59	+02:23:43	12:09
392	1657	Elena Guzmán Cabañas	individual	Veterana F50	04:15:03	+02:23:47	12:09
393	1547	Lina Carona	margaridafitness	Senior Feminino	04:15:05	+02:23:49	12:09
394	1609	Eugenia Vale	individual	Veterana F60	04:15:27	+02:24:11	12:10
395	867	Raul Cordeiro	individual	Veterano M50	04:16:29	+02:25:13	12:13
396	858	Hugo Realinho	individual	Senior Masculino	04:18:24	+02:27:08	12:18
397	1584	Claudia Canto	sport billys	Senior Feminino	04:18:24	+02:27:08	12:18
398	1583	Ana Carvalho	sport billys	Senior Feminino	04:18:25	+02:27:09	12:18
399	1564	Ana Patrício Pomba	os trinca espinhas	Veterana F40	04:18:26	+02:27:10	12:18
400	699	Nuno Carmona	sport billys	Veterano M40	04:18:27	+02:27:11	12:18
401	1616	Marian Fuentes González	individual	Veterana F40	04:19:07	+02:27:51	12:20
402	1619	María Jesús Norberto Gamero	individual	Veterana F40	04:19:07	+02:27:51	12:20
403	1625	CARMEN MOLINA CHAVES	individual	Veterana F40	04:19:08	+02:27:52	12:20
404	1511	Diana Tavares	ad quinta - atletismo	Senior Feminino	04:20:30	+02:29:14	12:24
405	550	Isabel Mendes	margaridafitness	Veterana F40	04:25:40	+02:34:24	12:39
406	1552	Andreia Mousinho	margaridafitness	Senior Feminino	04:25:41	+02:34:25	12:39
407	1548	Célia Ramalho	margaridafitness	Veterana F40	04:25:42	+02:34:26	12:39
408	1546	Lúcia Barbas	margar	Senior Feminino	04:25:42	+02:34:26	12:39
409	1647	Helena Rebelo	individual	Senior Feminino	04:25:54	+02:34:38	12:40
410	646	Cátia Ceia	individual	Senior Feminino	04:25:54	+02:34:38	12:40
411	864	Joaquim Jose Alves Rebelo	individual	Veterano M50	04:25:55	+02:34:39	12:40
412	753	João Botas	individual	Veterano M40	04:30:33	+02:39:17	12:53
413	1610	Filipa Alexandra Taneco Colaço	individual	Senior Feminino	04:31:31	+02:40:15	12:56
414	818	Nuno Lascas	individual	Veterano M40	04:31:48	+02:40:32	12:57
415	820	Francisco pinto	individual	Veterano M50	04:31:48	+02:40:32	12:57
416	1551	Margarida Afonso	margaridafitness	Veterana F40	04:32:00	+02:40:44	12:57
417	1549	Andreia Nunes	margaridafitness	Senior Feminino	04:32:00	+02:40:44	12:57
418	613	André Filipe Freixa Lopes	furões do alentejo	Senior Masculino	04:33:04	+02:41:48	13:00
419	1557	Filipa Matias		Senior Feminino	04:36:36	+02:45:20	13:10
420	1655	MARIA JOSE LOPEZ AGUILAR	individual	Veterana F50	04:37:05	+02:45:49	13:12
421	861	CASIMIRO SANCHEZ GOMEZ	individual	Veterano M50	04:37:05	+02:45:49	13:12
422	592	Francisco Pessoa	delta cafés	Veterano M40	04:38:15	+02:46:59	13:15
423	1529	Maria Miguel Soares Mendes	delta cafés	Veterana F40	04:38:18	+02:47:02	13:15
424	547	Dinis Neves	c.d."os águias" trail/running	Senior Masculino	04:38:26	+02:47:10	13:16
425	1518	Joana Mendes	c.d."os águias" trail/running	Senior Feminino	04:38:28	+02:47:12	13:16
426	1639	Ana Luisa Peças	individual	Senior Feminino	04:39:17	+02:48:01	13:18
427	1535	Ana Paula Andrade Nunes	gatos estafados	Senior Feminino	04:39:18	+02:48:02	13:18
428	704	Jorge Ferreira	tâmentos team	Veterano M40	04:39:46	+02:48:30	13:19
429	1553	Lena Rosado	nospeedlimit	Veterana F40	04:39:49	+02:48:33	13:19
430	824	Pedro Machado	individual	Veterano M50	04:41:56	+02:50:40	13:26
431	594	Antonio Miguel da Cruz Pedroso	delta cafés	Veterano M40	04:42:31	+02:51:15	13:27
432	1600	Madalena Santiago	tâmentos team	Veterana F40	04:42:48	+02:51:32	13:28
433	900	Marco José Mocio da Silva	individual	Senior Masculino	04:42:49	+02:51:33	13:28
434	687	Sérgio Guerra	que estrondo!	Senior Masculino	04:44:59	+02:53:43	13:34
435	668	BRUNO EMANUEL PEREIRA CIRILO	os trinca espinhas	Senior Masculino	04:45:12	+02:53:56	13:35

TRAIL CURTO - STAGE 1

21 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
436	1545	Ana Lopes	lágrimas team	Veterana F40	04:45:15	+02:53:59	13:35
437	1632	Rute Montenegro	individual	Senior Feminino	04:46:18	+02:55:02	13:38
438	1605	Kina Seabra	tálenos team	Veterana F50	04:48:14	+02:56:58	13:44
439	1644	Nazaré da Graça Cáceres Fernandes do Carmo	individual	Veterana F40	04:48:40	+02:57:24	13:45
440	777	Pedro Miguel Trindade do Carmo	individual	Veterano M40	04:48:41	+02:57:25	13:45
441	705	Mario Gaspar	tálenos team	Senior Masculino	04:51:14	+02:59:58	13:52
442	1540	Ana Pires	ialbax running	Senior Feminino	04:51:39	+03:00:23	13:53
443	531	Antonio Serafim Marques	asas	Veterano M60	04:51:39	+03:00:23	13:53
444	532	Jose Pedro Ferrabelo	asas	Veterano M60	04:51:41	+03:00:25	13:53
445	1645	Patrícia Baptista	individual	Senior Feminino	04:52:48	+03:01:32	13:57
446	605	Tiago Daniel Paralta Cativo	eu, ele&companhia	Senior Masculino	04:52:51	+03:01:35	13:57
447	780	Fernando Jorge M. Sequeira	individual	Senior Masculino	04:52:53	+03:01:37	13:57
448	606	Joaquim de Ascensão Miranda Nicaú	eu, ele&companhia	Veterano M40	04:52:54	+03:01:38	13:57
449	817	Hugo Rosa	individual	Senior Masculino	04:53:11	+03:01:55	13:58
450	834	Adelino Santos	individual	Veterano M40	04:53:24	+03:02:08	13:58
451	827	Fernando Miguel Lopes Carrapiço	individual	Senior Masculino	04:55:11	+03:03:55	14:03
452	750	Aureliano António Vasconcelos	individual	Veterano M50	05:00:34	+03:09:18	14:19
453	716	Mario Emidio	tálenos team	Veterano M50	05:06:29	+03:15:13	14:36
454	1603	Maria Joao Emidio	tálenos team	Veterana F40	05:06:29	+03:15:13	14:36
455	1634	Vânia Belo	individual	Senior Feminino	05:07:32	+03:16:16	14:39
456	788	Pedro Renga	individual	Senior Masculino	05:07:32	+03:16:16	14:39
457	840	Nuno Martins	individual	Senior Masculino	05:07:33	+03:16:17	14:39
458	1559	Sofia Matias		Senior Feminino	05:08:57	+03:17:41	14:43
459	706	Paulo Nunes	tálenos team	Veterano M50	05:10:09	+03:18:53	14:46
460	1593	Isabel Nunes	tálenos team	Veterana F50	05:10:09	+03:18:53	14:46
461	1595	Celia Sobral	tálenos team	Veterana F40	05:18:26	+03:27:10	15:10
462	1596	Maria Fernandes	tálenos team	Veterana F40	05:18:26	+03:27:10	15:10
463	1588	Maria Aldeia	tálenos team	Veterana F50	05:25:40	+03:34:24	15:30
464	1587	Fatima Brito	tálenos team	Veterana F40	05:25:40	+03:34:24	15:30
465	1598	Justina Ferreira	tálenos team	Veterana F40	05:27:54	+03:36:38	15:37
466	1597	Acucena Besson	tálenos team	Veterana F50	05:27:55	+03:36:39	15:37
467	707	Joao Vitoria	tálenos team	Veterano M50	05:27:55	+03:36:39	15:37
468	719	Romão Augusto Ramalho Moita	tálenos team	Veterano M50	05:39:32	+03:48:16	16:10
469	1606	Maria Guadalupe Palma Pereira Moita	tálenos team	Veterana F50	05:39:32	+03:48:16	16:10
470	694	Rui Agostinho	ruie&elsa	Veterano M40	05:42:10	+03:50:54	16:18
471	1576	Elsa Aragonéz	ruie&elsa	Veterana F40	05:42:14	+03:50:58	16:18
472	826	Francisco Picado	individual	Senior Masculino	05:42:17	+03:51:01	16:18
473	1590	Ana Kittler	tálenos team	Veterana F40	06:10:14	+04:18:58	17:38
474	1594	Helena Vitoria	tálenos team	Veterana F50	06:10:14	+04:18:58	17:38
475	1608	Otilia Rosado	vila seca running team	Veterana F40	06:14:06	+04:22:50	17:49
476	1592	Ana Condinho	tálenos team	Veterana F50	06:19:56	+04:28:40	18:06
477	1591	Fernada Condinho	tálenos team	Veterana F40	06:20:06	+04:28:50	18:06
478	712	Flamino Santos	tálenos team	Veterano M50	06:20:06	+04:28:50	18:06
479	1019	MARIA CATARINA LADEIRA	clube4estilos	Veterana F40	06:20:07	+04:28:51	18:06

**TRAIL CURTO - STAGE 1**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION  
**OFFICIAL RESULT**







**Trail Curto**

**21 KM**

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REVISED

**OFFICIAL RESULT**

20	551	Hugo Filipe Pinto Gonçalves	CBrunningTeam	Senior Masculino	02:29:08	+37:52	07:06
21	781	Luis Miguel Pereira Nunes	Individual	Senior Masculino	02:29:13	+37:57	07:06
22	751	José Carlos Narciso dos Reis	Individual	Senior Masculino	02:29:40	+38:24	07:08
23	742	Pedro Ferreira	Zimbra Fox Runners	Senior Masculino	02:30:23	+39:07	07:10
24	810	Nuno Miguel Cabeça Salomé Vieira	Individual	Senior Masculino	02:32:20	+41:04	07:15
25	513	Hugo Sequeira	AC PORTALEGRE / UTSM	Senior Masculino	02:32:22	+41:06	07:15
26	637	Gonçalo Louro	INIJOVEM - NISA	Senior Masculino	02:33:58	+42:42	07:20
27	582	Bruno Miguel Luís Ferreira	COA - Clube de Orientação e Aventura	Senior Masculino	02:35:45	+44:29	07:25
28	854	João Casqueira	Individual	Senior Masculino	02:36:30	+45:14	07:27
29	736	RAUL MENDEZ SANCHEZ	TRAIL GURUS	Senior Masculino	02:39:00	+47:44	07:34
30	691	Marco António Taxas Raminhos	Rota D'Ossa Running	Senior Masculino	02:39:53	+48:37	07:37
31	904	Ricardo González	Rota D'Ossa Running	Senior Masculino	02:39:54	+48:38	07:37
32	821	Diogo José Matos Carlos	Individual	Senior Masculino	02:40:02	+48:46	07:37
33	822	Luis Miguel Carvalho Neves	Individual	Senior Masculino	02:40:13	+48:57	07:38
34	891	Miguel António Gomes	Centro de Formação de Portalegre / GNR	Senior Masculino	02:41:07	+49:51	07:40
35	860	hugo batista	GáfeteRunners	Senior Masculino	02:41:14	+49:58	07:41
36	768	Paulo Monteiro	Individual	Senior Masculino	02:42:05	+50:49	07:43
37	276	Rui Miguel Castro Martins	SS CGD	Senior Masculino	02:42:17	+51:01	07:44
38	609	Rui Rebocho	Furões do Alentejo	Senior Masculino	02:42:43	+51:27	07:45
39	612	FRANCISCO CURRALEIRA	Furões do Alentejo	Senior Masculino	02:42:43	+51:27	07:45
40	517	Gonçalo Lourinho	CBrunningTeam	Senior Masculino	02:43:34	+52:18	07:47
41	588	Gonçalo Prudencio	Corrida da Linha	Senior Masculino	02:44:26	+53:10	07:50
42	883	Jorge Carapeta	Rota D'Ossa Running	Senior Masculino	02:45:27	+54:11	07:53
43	688	Nuno Miguel Martinho Escarameia	rodas s.mamede/moreira congelados	Senior Masculino	02:45:42	+54:26	07:53
44	856	Bruno Semedo	Individual	Senior Masculino	02:45:58	+54:42	07:54
45	730	Nuno Santos	Team Slugs	Senior Masculino	02:46:15	+54:59	07:55
46	759	Tiago Marques	Individual	Senior Masculino	02:47:55	+56:39	08:00
47	623	Humberto Pestana	lalbax Running	Senior Masculino	02:50:01	+58:45	08:06
48	644	Jesualdo Claro	Lebres da planície	Senior Masculino	02:50:19	+59:03	08:07
49	914	Bruno Custódio	Individual	Senior Masculino	02:50:40	+59:24	08:08
50	62	Michael Granadeiro	C.D."Os Águias" Trail/Running	Senior Masculino	02:51:43	+01:00:27	08:11
51	508	João Barriguinha Marques	A D Flor da Rosa	Senior Masculino	02:52:41	+01:01:25	08:13
52	838	Júlio Realinho	Individual	Senior Masculino	02:54:49	+01:03:33	08:19
53	787	João Trindade	Individual	Senior Masculino	02:55:41	+01:04:25	08:22
54	843	marco jose da silva vicente	Individual	Senior Masculino	02:56:10	+01:04:54	08:23
55	679	Nuno Miguel Lopes Ferreira	pace.makers	Senior Masculino	02:56:12	+01:04:56	08:23
56	894	Cláudio Jorge Alves da Silva	COA - Clube de Orientação e Aventura	Senior Masculino	02:56:45	+01:05:29	08:25
57	887	Pedro Pereira	Furões do Alentejo	Senior Masculino	02:57:09	+01:05:53	08:26
58	729	Hugo Dias	Team Rainha Santa Isabel / Tarsibus - Estremoz	Senior Masculino	02:57:29	+01:06:13	08:27
59	893	Hélio José da Silva Miranda	Centro de Formação de Portalegre / GNR	Senior Masculino	02:58:19	+01:07:03	08:29
60	848	Filipe Rasteiro	Individual	Senior Masculino	02:58:54	+01:07:38	08:31
61	685	Diogo Lucas	PROAVENTURAS	Senior Masculino	02:59:14	+01:07:58	08:32



**Trail Curto**

**21 KM**



**OFFICIAL RESULT**

62	763	rui silva	Individual	Senior Masculino	03:00:05	+01:08:49	08:35
63	728	Marco Noé	Team Rainha Santa Isabel / Tarsibus - Estremoz	Senior Masculino	03:00:56	+01:09:40	08:37
64	611	André Filipe Canelas Antas	Furões do Alentejo	Senior Masculino	03:02:12	+01:10:56	08:41
65	725	João Rebola	Team Rainha Santa Isabel / Tarsibus - Estremoz	Senior Masculino	03:02:13	+01:10:57	08:41
66	724	André Lopes	Team Rainha Santa Isabel / Tarsibus - Estremoz	Senior Masculino	03:02:14	+01:10:58	08:41
67	559	Angel Antunez Conejo	CLUB TRAIL COMESUELAS	Senior Masculino	03:02:21	+01:11:05	08:41
68	849	JOSÉ ESQUETIM	Individual	Senior Masculino	03:02:29	+01:11:13	08:41
69	760	Luis Mangerico	Individual	Senior Masculino	03:02:32	+01:11:16	08:42
70	758	Eduardo Sapata Serrano	Individual	Senior Masculino	03:04:29	+01:13:13	08:47
71	908	Paulo Trigo	Individual	Senior Masculino	03:05:05	+01:13:49	08:49
72	676	Filipe David	Os Trinca Espinhas	Senior Masculino	03:06:34	+01:15:18	08:53
73	839	ALBERTO CARRILHO	Individual	Senior Masculino	03:07:08	+01:15:52	08:55
74	731	Pedro Basílio	Team Slugs	Senior Masculino	03:07:26	+01:16:10	08:56
75	792	Francisco Miguel Duarte Barata	Individual	Senior Masculino	03:07:27	+01:16:11	08:56
76	767	Miguel Navega	Individual	Senior Masculino	03:08:16	+01:17:00	08:58
77	837	Pedro Ceia	Individual	Senior Masculino	03:08:24	+01:17:08	08:58
78	614	Daniel Barros	Ginásio GymnoB	Senior Masculino	03:10:07	+01:18:51	09:03
79	754	José Carlos Clímaco Pereira	Individual	Senior Masculino	03:11:46	+01:20:30	09:08
80	722	Ricardo Catarino	Team Rainha Santa Isabel / Tarsibus - Estremoz	Senior Masculino	03:12:08	+01:20:52	09:09
81	672	NUNO OLIVEIRA	Os Trinca Espinhas	Senior Masculino	03:12:50	+01:21:34	09:11
82	608	Vítor Amaro	Furões do Alentejo	Senior Masculino	03:13:20	+01:22:04	09:12
83	833	Telmo Ricardo Mira Ambrósio	Furões do Alentejo	Senior Masculino	03:13:20	+01:22:04	09:12
84	690	Luis Miguel Cardoso Borralho	Rota D'Ossa Running	Senior Masculino	03:13:43	+01:22:27	09:13
85	895	João Lourenço	Grupo Desportivo de Alegrete	Senior Masculino	03:14:25	+01:23:09	09:15
86	739	Hugo Guerreiro	Várítintas	Senior Masculino	03:14:42	+01:23:26	09:16
87	876	Manuel Teodósio Dias Bravo	Individual	Senior Masculino	03:14:50	+01:23:34	09:17
88	790	Filipe Duarte Silva Fernandes	Individual	Senior Masculino	03:16:26	+01:25:10	09:21
89	649	André Matos	O Mundo da Corrida	Senior Masculino	03:16:29	+01:25:13	09:21
90	865	Eduardo Parreira	Individual	Senior Masculino	03:16:31	+01:25:15	09:21
91	604	Francisco José Pereira Filipe Sousa Batista	Estrela do Campo de Aviação Futebol Clube	Senior Masculino	03:18:17	+01:27:01	09:27
92	621	Nuno Santana	GURUS	Senior Masculino	03:19:30	+01:28:14	09:30
93	740	João Carlos Ribeiro Alvaro	Vitória clube benquerença	Senior Masculino	03:20:40	+01:29:24	09:33
94	701	Jorge Belchior Pires	Tálenos Team	Senior Masculino	03:20:55	+01:29:39	09:34
95	852	João Miguel Picanço Rodrigues	Individual	Senior Masculino	03:21:04	+01:29:48	09:34
96	537	João Vitor Amaral Mourato Ferreira	Associação da Juventude Vidense	Senior Masculino	03:21:22	+01:30:06	09:35
97	823	Nuno Duarte	Individual	Senior Masculino	03:21:31	+01:30:15	09:36
98	875	João Luís Vaz Trindade	Individual	Senior Masculino	03:21:35	+01:30:19	09:36
99	896	Marco Campaniço	Individual	Senior Masculino	03:22:39	+01:31:23	09:39
100	567	Fabio Miguel ramalho dos santos	clube atletismo da amora	Senior Masculino	03:22:40	+01:31:24	09:39
101	885	João Milhinhos	Individual	Senior Masculino	03:23:03	+01:31:47	09:40
102	620	Duarte Ramalho	GURUS	Senior Masculino	03:23:47	+01:32:31	09:42
103	813	André Machado	Individual	Senior Masculino	03:24:32	+01:33:16	09:44
104	692	Luis Nico	Rota D'Ossa Running	Senior Masculino	03:24:44	+01:33:28	09:45

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**Trail Curto**

**21 KM**



**OFFICIAL RESULT**

105	761	Joaquim José Azeitona Raimundo	Rota D'Ossa Running	Senior Masculino	03:24:44	+01:33:28	09:45
106	830	Cristóvão Santos	Individual	Senior Masculino	03:25:16	+01:34:00	09:46
107	873	José Carlos Anes Carvalheira	Individual	Senior Masculino	03:25:26	+01:34:10	09:47
108	686	Luís Baião	que Estrondo!	Senior Masculino	03:25:36	+01:34:20	09:47
109	806	Luis Relvas	Individual	Senior Masculino	03:25:38	+01:34:22	09:48
110	757	Bernardo de Filipitsch Raposo Dinis Bordalo	Individual	Senior Masculino	03:26:17	+01:35:01	09:49
111	743	Luís Miguel Fernandes Rodrigues	Individual	Senior Masculino	03:26:18	+01:35:02	09:49
112	36	José Mercês	Delta Cafés	Senior Masculino	03:26:53	+01:35:37	09:51
113	732	Rodrigo Prudêncio	Trail "C.D. Os Águias" Alpiarça	Senior Masculino	03:28:02	+01:36:46	09:54
114	523	Nuno André	Águias trailrunning	Senior Masculino	03:28:02	+01:36:46	09:54
115	61	Hugo Agostinho	C.D."Os Águias" Trail/Running	Senior Masculino	03:28:03	+01:36:47	09:54
116	695	André Eduardo Tita Gonçalves	Salero/FitMouraBVM	Senior Masculino	03:29:34	+01:38:18	09:59
117	638	Vitor Zacarias	INIJOVEM - NISA	Senior Masculino	03:29:56	+01:38:40	10:00
118	424	Ruben Rafael Rolo Dias	Individual	Senior Masculino	03:32:21	+01:41:05	10:07
119	556	Rui Vences	Os galos	Senior Masculino	03:32:33	+01:41:17	10:07
120	601	António Serrano	ELÉCTRICO FUTEBOL CLUBE	Senior Masculino	03:32:33	+01:41:17	10:07
121	782	José Honório	Individual	Senior Masculino	03:34:36	+01:43:20	10:13
122	619	Cesário Miranda	Grupo Desportivo de Alegrete	Senior Masculino	03:34:53	+01:43:37	10:14
123	774	Miguel Alexandre Camilo dos Santos	Individual	Senior Masculino	03:35:45	+01:44:29	10:16
124	910	José Mexia	Delta Cafés	Senior Masculino	03:37:31	+01:46:15	10:21
125	520	Mário José Costa Barradas	ADCV - ASSOCIAÇÃO DESPORTIVA DE CASTELO DE VIDE	Senior Masculino	03:37:37	+01:46:21	10:22
126	518	Daniel Madeira	AC PORTALEGRE / UTSM	Senior Masculino	03:37:59	+01:46:43	10:23
127	835	Tomás Limpo	Individual	Senior Masculino	03:40:21	+01:49:05	10:30
128	766	José Botelho Duarte	Individual	Senior Masculino	03:40:43	+01:49:27	10:31
129	769	Tiago Belejo Correia	Individual	Senior Masculino	03:40:44	+01:49:28	10:31
130	530	António Ricardo	António ricardo	Senior Masculino	03:43:04	+01:51:48	10:37
131	657	Tiago Leitao	OS GALOS	Senior Masculino	03:43:17	+01:52:01	10:38
132	727	Luís Temudo	Team Rainha Santa Isabel / Tarsibus - Estremoz	Senior Masculino	03:44:48	+01:53:32	10:42
133	524	Nelson Hugo Carrapiço Diabinho	Alentinsanos	Senior Masculino	03:46:33	+01:55:17	10:47
134	775	Luis Miguel Cunha Mé Judas Simão	Individual	Senior Masculino	03:49:31	+01:58:15	10:56
135	819	Luís Alexandre Fernandes Domingues	Individual	Senior Masculino	03:50:07	+01:58:51	10:57
136	764	Nuno Oliveira	Individual	Senior Masculino	03:51:38	+02:00:22	11:02
137	762	Diogo Policarpo Varela	Individual	Senior Masculino	03:51:38	+02:00:22	11:02
138	203	Carlos Figueira	O Praticante	Senior Masculino	03:53:54	+02:02:38	11:08
139	855	José Rufino	Individual	Senior Masculino	03:54:44	+02:03:28	11:11
140	784	Valter Miguel Mendes Dias	Individual	Senior Masculino	03:55:35	+02:04:19	11:13
141	857	Júnio Pereira	Individual	Senior Masculino	03:55:38	+02:04:22	11:13
142	796	Ricardo Brito	Individual	Senior Masculino	03:58:11	+02:06:55	11:21
143	797	Márcio Silva	Individual	Senior Masculino	03:59:22	+02:08:06	11:24
144	662	Guilherme Jorge Reis Trindade	Os Trinca Espinhas	Senior Masculino	04:01:33	+02:10:17	11:30
145	746	Rodrigo Ribeiro Guerreiro	Individual	Senior Masculino	04:02:03	+02:10:47	11:32
146	845	Tiago manuel louro farinha	Individual	Senior Masculino	04:04:55	+02:13:39	11:40
147	624	JOAO AFONSO	lalbax Running	Senior Masculino	04:06:15	+02:14:59	11:44
148	670	PEDRO ESQUETIM	Os Trinca Espinhas	Senior Masculino	04:08:11	+02:16:55	11:49

Official Timekeeper: Lap2Go	5 / 12	generate 19-Jan-2016 09:24
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## Trail Curto

21 KM



**OFFICIAL RESULT**

149	698	Rúben André Romão Garcia	sor a rasgar	Senior Masculino	04:09:24	+02:18:08	11:53
150	506	Nuno Rodrigues	#PonteFinal_RT	Senior Masculino	04:09:25	+02:18:09	11:53
151	771	Bruno Miguel Pombinho Cachapa	Individual	Senior Masculino	04:11:25	+02:20:09	11:58
152	587	Diogo Rafael Marques Lopes	COA - Clube de Orientação e Aventura	Senior Masculino	04:13:05	+02:21:49	12:03
153	723	António Batista	Team Rainha Santa Isabel / Tarsibus - Estremoz	Senior Masculino	04:13:10	+02:21:54	12:03
154	615	JOAO MIGUEL ASSUNÇÃO FERNANDES	GLASSDRIVE PORTALEGRE	Senior Masculino	04:13:30	+02:22:14	12:04
155	616	JOSE FILIPE FERNANDES	GLASSDRIVE PORTALEGRE	Senior Masculino	04:13:30	+02:22:14	12:04
156	858	Hugo Realinho	Individual	Senior Masculino	04:18:24	+02:27:08	12:18
157	613	André Filipe Freixa Lopes	Furões do Alentejo	Senior Masculino	04:33:04	+02:41:48	13:00
158	547	Dinis Neves	C.D."Os Águias" Trail/Running	Senior Masculino	04:38:26	+02:47:10	13:16
159	900	Marco José Mocito da Silva	Individual	Senior Masculino	04:42:49	+02:51:33	13:28
160	687	Sérgio Guerra	que Estrondo!	Senior Masculino	04:44:59	+02:53:43	13:34
161	668	BRUNO EMANUEL PEREIRA CIRILO	Os Trinca Espinhas	Senior Masculino	04:45:12	+02:53:56	13:35
162	705	Mario Gaspar	Tálenos Team	Senior Masculino	04:51:14	+02:59:58	13:52
163	605	Tiago Daniel Paralta Cativo	Eu, Ele&Companhia	Senior Masculino	04:52:51	+03:01:35	13:57
164	780	Fernando Jorge M. Sequeira	Individual	Senior Masculino	04:52:53	+03:01:37	13:57
165	817	Hugo Rosa	Individual	Senior Masculino	04:53:11	+03:01:55	13:58
166	827	Fernando Miguel Lopes Carrapiço	Individual	Senior Masculino	04:55:11	+03:03:55	14:03
167	788	Pedro Renga	Individual	Senior Masculino	05:07:32	+03:16:16	14:39
168	840	Nuno Martins	Individual	Senior Masculino	05:07:33	+03:16:17	14:39
169	826	Francisco Picado	Individual	Senior Masculino	05:42:17	+03:51:01	16:18

## Veterana F40

1	1514	Cristina Couceiro	ARSM - Associação Recreativa de S. Miguel	Veterana F40	02:25:42		06:56
2	1648	Jocelina Jesus Ferreira	Clube Juventude Vidigalense	Veterana F40	02:40:18	+14:36	07:38
3	1627	maria oliveira	Individual	Veterana F40	02:43:00	+17:18	07:46
4	1640	Cláudia Luz Correia	Individual	Veterana F40	02:46:57	+21:15	07:57
5	1575	Ascensión Sánchez Carrasco	Quiromax Training System	Veterana F40	03:06:53	+41:11	08:54
6	1504	Rute Maria Ferreira	AC PORTALEGRE / UTSM	Veterana F40	03:11:56	+46:14	09:08
7	1570	Sara Velho	PROAVENTURAS	Veterana F40	03:15:24	+49:42	09:18
8	1509	Ana Ventura	AC PORTALEGRE / UTSM	Veterana F40	03:20:07	+54:25	09:32
9	1614	Monica Quartin	Individual	Veterana F40	03:21:24	+55:42	09:35
10	1641	Lucia de Fatima Silva Fernandes	Individual	Veterana F40	03:22:17	+56:35	09:38
11	1555	Cristina Barros	OFFtel Runners	Veterana F40	03:22:51	+57:09	09:40
12	1571	Maria José Felisardo	PROAVENTURAS	Veterana F40	03:23:06	+57:24	09:40
13	1633	Amalia Bejar Rodriguez	Individual	Veterana F40	03:24:14	+58:32	09:44
14	1534	Ana Martins	Furões do Alentejo	Veterana F40	03:28:09	+01:02:27	09:55
15	1601	Ana Costa	Monsanto Running Team	Veterana F40	03:28:09	+01:02:27	09:55
16	1512	Anabela Salgueiro	ADCV - ASSOCIAÇÃO DESPORTIVA DE CASTELO DE VIDE	Veterana F40	03:37:37	+01:11:55	10:22
17	1522	Ana Alexandra da Silva Duarte	Ialbox Running	Veterana F40	03:37:51	+01:12:09	10:22
18	1563	Maria Trindade	Os Trinca Espinhas	Veterana F40	03:43:39	+01:17:57	10:39

Official Timekeeper: Lap2Go	6 / 12	generate 19-Jan-2016 09:24
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**Trail Curto**

**21 KM**



**OFFICIAL RESULT**

19	1562	Regina Maria Rezinho Pinheiro	Os Trinca Espinhas	Veterana F40	03:47:34	+01:21:52	10:50
20	1543	Ana Cristina Rosário	INIJOVEM - NISA	Veterana F40	03:55:37	+01:29:55	11:13
21	1554	antonia furtado	O Praticante	Veterana F40	03:55:54	+01:30:12	11:14
22	1505	Maria João Valério	AC PORTALEGRE / UTSM	Veterana F40	03:58:40	+01:32:58	11:22
23	1628	Teresa Napita	Individual	Veterana F40	04:01:07	+01:35:25	11:29
24	1507	Filomena Cordeiro	AC PORTALEGRE / UTSM	Veterana F40	04:03:47	+01:38:05	11:37
25	1652	María Mercedes Ramos Pérez	Individual	Veterana F40	04:04:48	+01:39:06	11:39
26	1649	MARIA DE LURDES RAMOS RABAÇA	Individual	Veterana F40	04:05:37	+01:39:55	11:42
27	1589	Elisabete Azougado	Tálenos Team	Veterana F40	04:06:36	+01:40:54	11:45
28	1674	Maria Fernandes Roman	Individual	Veterana F40	04:09:33	+01:43:51	11:53
29	1537	Margarida Rosa	GURUS	Veterana F40	04:10:11	+01:44:29	11:55
30	1586	Susana Farinhas	Tálenos Team	Veterana F40	04:13:06	+01:47:24	12:03
31	1564	Ana Patrício Pomba	Os Trinca Espinhas	Veterana F40	04:18:26	+01:52:44	12:18
32	1616	Marian Fuentes González	Individual	Veterana F40	04:19:07	+01:53:25	12:20
33	1619	María Jesús Norberto Gamero	Individual	Veterana F40	04:19:07	+01:53:25	12:20
34	1625	CARMEN MOLINA CHAVES	Individual	Veterana F40	04:19:08	+01:53:26	12:20
35	550	Isabel Mendes	MargaridaFitness	Veterana F40	04:25:40	+01:59:58	12:39
36	1548	Célia Ramalho	MargaridaFitness	Veterana F40	04:25:42	+02:00:00	12:39
37	1551	Margarida Afonso	MargaridaFitness	Veterana F40	04:32:00	+02:06:18	12:57
38	1529	Maria Miguel Soares Mendes	Delta Cafés	Veterana F40	04:38:18	+02:12:36	13:15
39	1553	Lena Rosado	NOSPEEDLIMIT	Veterana F40	04:39:49	+02:14:07	13:19
40	1600	Madalena Santiago	Tálenos Team	Veterana F40	04:42:48	+02:17:06	13:28
41	1545	Ana Lopes	Lágrimas Team	Veterana F40	04:45:15	+02:19:33	13:35
42	1644	Nazaré da Graça Cáceres Fernandes do Carmo	Individual	Veterana F40	04:48:40	+02:22:58	13:45
43	1603	Maria Joao Emidio	Tálenos Team	Veterana F40	05:06:29	+02:40:47	14:36
44	1595	Celia Sobral	Tálenos Team	Veterana F40	05:18:26	+02:52:44	15:10
45	1596	Maria Fernandes	Tálenos Team	Veterana F40	05:18:26	+02:52:44	15:10
46	1587	Fatima Brito	Tálenos Team	Veterana F40	05:25:40	+02:59:58	15:30
47	1598	Justina Ferreira	Tálenos Team	Veterana F40	05:27:54	+03:02:12	15:37
48	1576	Elsa Aragonez	Rui&Elsa	Veterana F40	05:42:14	+03:16:32	16:18
49	1590	Ana Kittler	Tálenos Team	Veterana F40	06:10:14	+03:44:32	17:38
50	1608	Otilia Rosado	Vila Seca Running Team	Veterana F40	06:14:06	+03:48:24	17:49
51	1591	Fernada Condinho	Tálenos Team	Veterana F40	06:20:06	+03:54:24	18:06
52	1019	MARIA CATARINA LADEIRA	CLUBE4ESTILOS	Veterana F40	06:20:07	+03:54:25	18:06

**Veterana F50**

1	1506	Vitorina Mourato	AC PORTALEGRE / UTSM	Veterana F50	02:47:51		08:00
2	1637	Glória Serrazina	Individual	Veterana F50	02:52:37	+04:46	08:13
3	1544	Natalya Marcheva	JOBRINDE - MONTES SALOIOS	Veterana F50	03:30:15	+42:24	10:01
4	1604	Lucia Nogueira	Tálenos Team	Veterana F50	03:37:57	+50:06	10:23
5	1560	Isabel Semedo	Os Trinca Espinhas	Veterana F50	03:53:08	+01:05:17	11:06
6	1515	Helena Cunha	ASAS	Veterana F50	04:01:19	+01:13:28	11:29
7	1615	Maria Cristina Santos Rodrigues	Individual	Veterana F50	04:10:11	+01:22:20	11:55
8	1657	Elena Guzmán Cabañas	Individual	Veterana F50	04:15:03	+01:27:12	12:09



**Trail Curto**

**21 KM**



**OFFICIAL RESULT**

29	231	Marcelino Batista	Piranhas do Alqueva	Veterano M40	02:42:39	+43:38	07:45
30	733	DAVID CARNERERO DE LA PAZ	TRAIL GURUS	Veterano M40	02:42:49	+43:48	07:45
31	735	FERNANDO BUENO CAÑAMERO	TRAIL GURUS	Veterano M40	02:42:49	+43:48	07:45
32	737	JUAN MANUEL RUBIALES LORO	TRAIL GURUS	Veterano M40	02:42:49	+43:48	07:45
33	622	Eduardo Lagareiro	Ialbax Running	Veterano M40	02:46:42	+47:41	07:56
34	557	Rui Simões	CLAC Entroncamento	Veterano M40	02:46:58	+47:57	07:57
35	511	JOSÉ MANUEL CARRAPIÇO MARTINS	AC PORTALEGRE / UTSM	Veterano M40	02:47:44	+48:43	07:59
36	512	Luís Fernando Belchior Maurício	AC PORTALEGRE / UTSM	Veterano M40	02:50:31	+51:30	08:07
37	575	ÁLVARO CAEIRO	CLUBE ELVENSE NATAÇÃO	Veterano M40	02:50:47	+51:46	08:08
38	392	Fernando Carvajal Vera	Individual	Veterano M40	02:51:37	+52:36	08:10
39	515	José Moisés	AC PORTALEGRE / UTSM	Veterano M40	02:52:16	+53:15	08:12
40	586	Manuel Lopes da Silva	COA - Clube de Orientação e Aventura	Veterano M40	02:52:38	+53:37	08:13
41	569	PEDRO CORREIA	CLUBE ELVENSE NATAÇÃO	Veterano M40	02:54:26	+55:25	08:18
42	545	Pedro Foguetheiro	C.D."Os Águias" Trail/Running	Veterano M40	02:54:46	+55:45	08:19
43	544	António Miguel Judas Coelho	Btt Vila Boim	Veterano M40	02:54:46	+55:45	08:19
44	674	António Matos	Os Trinca Espinhas	Veterano M40	02:55:17	+56:16	08:21
45	635	José Bizarro	INIJOVEM - NISA	Veterano M40	02:55:55	+56:54	08:23
46	576	Nuno Pereira	Clube OGMA	Veterano M40	02:56:17	+57:16	08:24
47	573	ANTÓNIO CORTES	CLUBE ELVENSE NATAÇÃO	Veterano M40	02:56:37	+57:36	08:25
48	684	SÉRGIO CASAL	PROAVENTURAS	Veterano M40	02:56:40	+57:39	08:25
49	773	Hugo Miguel Sioga	Individual	Veterano M40	02:57:38	+58:37	08:28
50	772	Gonçalo Valente	Não Fazemos Nem Mais Um... Km	Veterano M40	02:58:31	+59:30	08:30
51	664	Joaquim Jorge Saboeiro de Almeida	Os Trinca Espinhas	Veterano M40	02:58:39	+59:38	08:30
52	709	Carlos Fernandes	Tálenos Team	Veterano M40	02:59:03	+01:00:02	08:32
53	509	Pedro Miguel Correia Tavares	AC PORTALEGRE / UTSM	Veterano M40	02:59:13	+01:00:12	08:32
54	794	DAVID PECELLIN CAMPOS	Individual	Veterano M40	02:59:38	+01:00:37	08:33
55	585	Luís Manuel Martins Lobato	COA - Clube de Orientação e Aventura	Veterano M40	03:03:07	+01:04:06	08:43
56	681	Mário Cunha	pace.makers	Veterano M40	03:03:42	+01:04:41	08:45
57	905	Miguel Rodrigues	Individual	Veterano M40	03:04:04	+01:05:03	08:46
58	793	JOSE LUIS SANCHEZ GONZALEZ	Individual	Veterano M40	03:05:40	+01:06:39	08:50
59	836	mario silva	Individual	Veterano M40	03:06:48	+01:07:47	08:54
60	552	António José Gonçalves Velez	CCBTTELVAS	Veterano M40	03:07:01	+01:08:00	08:54
61	654	Mário Oliveira	Os coxos e o Miguel	Veterano M40	03:09:04	+01:10:03	09:00
62	798	DIEGO JOSE CARVAJAL GONZALEZ	MÉRIDA TRAIL	Veterano M40	03:09:32	+01:10:31	09:02
63	584	Júlio Gabriel Ventura da Cruz	COA - Clube de Orientação e Aventura	Veterano M40	03:09:45	+01:10:44	09:02
64	583	Hugo Miguel Marques de Abreu Lopes	COA - Clube de Orientação e Aventura	Veterano M40	03:09:45	+01:10:44	09:02
65	675	Geraldo Amiguiinho Ferreira	Os Trinca Espinhas	Veterano M40	03:10:07	+01:11:06	09:03
66	655	Bruno Perdigao	Os coxos e o Miguel	Veterano M40	03:10:33	+01:11:32	09:04
67	682	Rui Miguel Silva	Peste & Sindas	Veterano M40	03:10:39	+01:11:38	09:05
68	510	Luís Miguel Casimiro Rodrigues	AC PORTALEGRE / UTSM	Veterano M40	03:11:22	+01:12:21	09:07
69	628	Ricardo Manuel Paiva Fazendas	INIJOVEM - NISA	Veterano M40	03:11:56	+01:12:55	09:08
70	879	Sergio Rebelo Das Dores	Individual	Veterano M40	03:12:03	+01:13:02	09:09
71	850	Francisco Javier Gallardo Pérez	Individual	Veterano M40	03:13:33	+01:14:32	09:13

**Trail Curto**

**21 KM**



**OFFICIAL RESULT**

72	791	Carlos Manuel Alves de Matos	Individual	Veterano M40	03:16:27	+01:17:26	09:21
73	589	LUIS MIGUEL RIBEIRO PEREIRA	Coxos e o Miguel	Veterano M40	03:18:28	+01:19:27	09:27
74	783	João Pedro Ventura Rodolfo	Individual	Veterano M40	03:19:21	+01:20:20	09:30
75	878	Nuno Tiago	pace.makers	Veterano M40	03:21:47	+01:22:46	09:37
76	851	Luís Miguel Melo Santos	Individual	Veterano M40	03:21:54	+01:22:53	09:37
77	748	José Mira	Individual	Veterano M40	03:22:53	+01:23:52	09:40
78	566	rui jose ramalho dos santos	clube atletismo da amora	Veterano M40	03:22:55	+01:23:54	09:40
79	669	LUIS GAIÃO	Os Trinca Espinhas	Veterano M40	03:24:09	+01:25:08	09:43
80	853	Antonio fe	Individual	Veterano M40	03:25:13	+01:26:12	09:46
81	756	João Ricardo Pereira Venâncio	Individual	Veterano M40	03:25:18	+01:26:17	09:47
82	795	António Iria	Individual	Veterano M40	03:27:39	+01:28:38	09:53
83	786	Adelino Trindade	Individual	Veterano M40	03:27:39	+01:28:38	09:53
84	779	António Cerejo	Individual	Veterano M40	03:27:40	+01:28:39	09:53
85	543	João António Ramalho Dias	Btt Vila Boim	Veterano M40	03:27:51	+01:28:50	09:54
86	546	Carlos Alexandre	C.D."Os Águias" Trail/Running	Veterano M40	03:28:02	+01:29:01	09:54
87	898	Julio Jose Pires Paixão	Individual	Veterano M40	03:29:24	+01:30:23	09:58
88	708	Nuno Lucas	Tálenos Team	Veterano M40	03:31:15	+01:32:14	10:04
89	666	José Soares	Os Trinca Espinhas	Veterano M40	03:31:50	+01:32:49	10:05
90	425	Mário Dias	Individual	Veterano M40	03:32:26	+01:33:25	10:07
91	720	Nuno Ricardo Gomes	Tálenos Team	Veterano M40	03:32:35	+01:33:34	10:07
92	717	Francisco Oliveira	Tálenos Team	Veterano M40	03:32:39	+01:33:38	10:08
93	874	Bruno Miguel Candeias dos Reis (Herbalife 24)	Individual	Veterano M40	03:34:36	+01:35:35	10:13
94	881	Rui Miguel Candeias Morlim Cardoso	Individual	Veterano M40	03:35:47	+01:36:46	10:17
95	625	Paulo Alexandre Franco de Araújo	Ialbax Running	Veterano M40	03:36:28	+01:37:27	10:18
96	868	Gonçalo L. Sajara Madeira	Individual	Veterano M40	03:36:41	+01:37:40	10:19
97	593	Marco Nanita	Delta Cafés	Veterano M40	03:37:30	+01:38:29	10:21
98	844	José Bambulo	Individual	Veterano M40	03:37:39	+01:38:38	10:22
99	714	Rui Brites	Tálenos Team	Veterano M40	03:38:49	+01:39:48	10:25
100	828	Carlos Farinha blue O / Changing Diabetes	Individual	Veterano M40	03:39:13	+01:40:12	10:26
101	811	Luis Calado	Individual	Veterano M40	03:41:58	+01:42:57	10:34
102	718	Nuno Silva	Tálenos Team	Veterano M40	03:43:04	+01:44:03	10:37
103	697	Pedro Novo	Serviços Sociais Montepio Geral	Veterano M40	03:43:23	+01:44:22	10:38
104	747	luis filipe morgado pereira amaro	Individual	Veterano M40	03:43:25	+01:44:24	10:38
105	677	José Trindade	Os Trinca Espinhas	Veterano M40	03:43:39	+01:44:38	10:39
106	534	José Calado	ASES DA MARGEM SUL	Veterano M40	03:44:46	+01:45:45	10:42
107	663	Luís Ramalho	Os Trinca Espinhas	Veterano M40	03:46:57	+01:47:56	10:48
108	680	Sérgio Oliveira	pace.makers	Veterano M40	03:47:47	+01:48:46	10:51
109	809	Nuno Mourato	Individual	Veterano M40	03:49:50	+01:50:49	10:57
110	541	Nuno Ferreira	BRAHMI TEAM	Veterano M40	03:57:13	+01:58:12	11:18
111	540	Nuno Dias Botelho	BRAHMI TEAM	Veterano M40	03:57:13	+01:58:12	11:18
112	667	João Trindade Pires	Os Trinca Espinhas	Veterano M40	03:57:50	+01:58:49	11:20
113	661	António Parente	Os Trinca Espinhas	Veterano M40	04:01:32	+02:02:31	11:30
114	568	JORGE MARTINS	CLUBE ELVENSE NATAÇÃO	Veterano M40	04:02:53	+02:03:52	11:34
115	842	RUI VICENTE NUNES VERMELHO	Individual	Veterano M40	04:05:38	+02:06:37	11:42
116	907	Miguel Passos	Tálenos Team	Veterano M40	04:06:36	+02:07:35	11:45

### Trail Curto

### 21 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

117	505	José Ventura	#PonteFinal_RT	Veterano M40	04:09:24	+02:10:23	11:53
118	548	Rui Martins	Casa da Loja / Maison Garrett	Veterano M40	04:13:23	+02:14:22	12:04
119	871	Nuno Ferreira	Individual	Veterano M40	04:14:59	+02:15:58	12:09
120	699	Nuno Carmona	Sport Billys	Veterano M40	04:18:27	+02:19:26	12:18
121	753	João Botas	Individual	Veterano M40	04:30:33	+02:31:32	12:53
122	818	Nuno Lascas	Individual	Veterano M40	04:31:48	+02:32:47	12:57
123	592	Francisco Pessoa	Delta Cafés	Veterano M40	04:38:15	+02:39:14	13:15
124	704	Jorge Ferreira	Tá lentos Team	Veterano M40	04:39:46	+02:40:45	13:19
125	594	Antonio Miguel da Cruz Pedroso	Delta Cafés	Veterano M40	04:42:31	+02:43:30	13:27
126	777	Pedro Miguel Trindade do Carmo	Individual	Veterano M40	04:48:41	+02:49:40	13:45
127	606	Joaquim de Ascensão Miranda Nicau	Eu, Ele&Companhia	Veterano M40	04:52:54	+02:53:53	13:57
128	834	Adelino Santos	Individual	Veterano M40	04:53:24	+02:54:23	13:58
129	694	Rui Agostinho	Rui&Elsa	Veterano M40	05:42:10	+03:43:09	16:18

### Veterano M50

1	501	Francisco Vaz	CCD Municipio De Portalegre	Veterano M50	02:04:01		05:54
2	610	António Antas	Furões do Alentejo	Veterano M50	02:15:12	+11:11	06:26
3	571	ARQUIMINIO CARRETAS	CLUBE ELVENSE NATAÇÃO	Veterano M50	02:18:02	+14:01	06:34
4	800	jose freitas da silva	Individual	Veterano M50	02:24:02	+20:01	06:52
5	536	João António Fernandes	Ases do Pedal	Veterano M50	02:24:27	+20:26	06:53
6	633	Paulo Jorge Guardado Marques	INIJOVEM - NISA	Veterano M50	02:40:08	+36:07	07:38
7	525	Rui Lobo	ATR - Algarve Trail Running	Veterano M50	02:42:25	+38:24	07:44
8	639	Sérgio de Sá Magalhães	Kainagua	Veterano M50	02:45:31	+41:30	07:53
9	888	João Machado	Individual	Veterano M50	02:45:53	+41:52	07:54
10	752	António Casa Nova	Os Trinca Espinhas	Veterano M50	02:54:40	+50:39	08:19
11	627	Bento Semedo	INIJOVEM - NISA	Veterano M50	02:55:47	+51:46	08:22
12	578	Paulo Monteiro	Clube OGMA	Veterano M50	02:56:15	+52:14	08:24
13	829	Fernando Vicente	Individual	Veterano M50	03:00:39	+56:38	08:36
14	665	Joaquim José Leal da Silva	Os Trinca Espinhas	Veterano M50	03:10:57	+01:06:56	09:06
15	804	Rui Manuel R. Azevedo	Individual	Veterano M50	03:16:07	+01:12:06	09:20
16	803	António José R. Azevedo	Individual	Veterano M50	03:16:09	+01:12:08	09:20
17	591	João Cavadas	DCI / CCDRP	Veterano M50	03:24:09	+01:20:08	09:43
18	538	Pedro Trabucho	BPI Runners	Veterano M50	03:25:12	+01:21:11	09:46
19	765	MANUEL MARTÍN MANSO	Individual	Veterano M50	03:29:40	+01:25:39	09:59
20	799	Manuel Canané	Individual	Veterano M50	03:30:31	+01:26:30	10:01
21	802	Francisco Serra Romão	Individual	Veterano M50	03:31:02	+01:27:01	10:03
22	595	Paulo Alexandre Frade Ramos	Delta Cafés	Veterano M50	03:37:00	+01:32:59	10:20
23	741	João José Valente Martins	Vitória clube benquerença	Veterano M50	03:41:22	+01:37:21	10:32
24	903	Rúben António Costa	RUN 4 FUN	Veterano M50	03:51:07	+01:47:06	11:00
25	202	david silva	O Praticante	Veterano M50	03:53:56	+01:49:55	11:08
26	598	Armando Campino	desumanos da silva	Veterano M50	03:55:11	+01:51:10	11:12
27	650	António Soeiro Brito	O Mundo da Corrida	Veterano M50	03:57:29	+01:53:28	11:19
28	630	Carlos Bagulho	Os Trinca Espinhas	Veterano M50	03:57:50	+01:53:49	11:20
29	533	Agostinho Marques	ASAS	Veterano M50	04:01:20	+01:57:19	11:30
30	645	João Costa	MargaridaFitness	Veterano M50	04:03:47	+01:59:46	11:37

Official Timekeeper: Lap2Go	11 / 12	generate 19-Jan-2016 09:24
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## COLETIVA - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CCD Municipio De Portalegre	3 + 5 + 7	15
2	Furões do Alentejo	9 + 13 + 39	61
3	Os Trinca Espinhas	10 + 38 + 46	94
4	CLUBE ELVENSE NATAÇÃO	18 + 36 + 55	109
5	INIJOVEM - NISA	26 + 51 + 60	137
6	AC PORTALEGRE / UTSM	47 + 49 + 56	152
7	TRAIL GURUS	58 + 59 + 80	197
8	Rota D'Ossa Running	61 + 62 + 86	209
9	COA - Clube de Orientação e Aventura	52 + 109 + 128	289
10	PROAVENTURAS	35 + 127 + 139	301
11	ADCV - ASSOCIAÇÃO DESPORTIVA DE CASTELO DE VIDE	19 + 20 + 290	329
12	Team Rainha Santa Isabel / Tarsibus - Estremoz	131 + 144 + 146	421
13	pace.makers	121 + 152 + 158	431
14	C.D."Os Águias" Trail/Running	106 + 113 + 253	472
15	Tálenos Team	126 + 137 + 210	473
16	lalbax Running	92 + 100 + 282	474
17	Delta Cafés	73 + 247 + 285	605
18	GURUS	207 + 228 + 229	664
19	O Mundo da Corrida	202 + 278 + 345	825
20		41 + 418 + 457	916
21	O Praticante	332 + 333 + 339	1004
22	ASAS	354 + 355 + 442	1151
23	MargaridaFitness	361 + 392 + 404	1157
24	Sport Billys	396 + 397 + 399	1192

**Juvenis****3 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	21:00	-99°C	-99%
End	21:37	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Juvenil Masculino**

1	2075	Miguel Galamarra	LIJSA	Juvenil Masculino	14:52		04:57
2	2063	Daniel Carvalho	LIJSA	Juvenil Masculino	14:56	+00:04	04:59
3	2032	João Ricardo Trindade Venâncio	Venâncio Trail	Juvenil Masculino	15:11	+00:19	05:04
4	2074	Carlos Bragança	LIJSA	Juvenil Masculino	18:00	+03:08	06:00
5	2073	João Pires	LIJSA	Juvenil Masculino	20:47	+05:55	06:56

**Iniciado****2.4 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	21:00	-99°C	-99%
End	21:34	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Iniciado Feminino**

1	2028	JESSICA CARVALHO	CLUBE4ESTILOS	Iniciado Feminino	13:27		05:36
2	2023	INES SANTOS	CLUBE4ESTILOS	Iniciado Feminino	15:04	+01:37	06:17
3	2027	LEONOR MILHINHOS	CLUBE4ESTILOS	Iniciado Feminino	15:54	+02:27	06:38

**Iniciado Masculino**

1	2025	LEONARDO MAGRINHO	CLUBE4ESTILOS	Iniciado Masculino	11:27		04:46
2	2053	Duarte Tavares	Individual	Iniciado Masculino	11:34	+00:07	04:49
3	2036	jorge soares	O Praticante	Iniciado Masculino	11:37	+00:10	04:50
4	2077	Jonhatan Barreleiro	LIJSA	Iniciado Masculino	12:20	+00:53	05:08
5	2012	TIAGO LARANJO	CLUBE4ESTILOS	Iniciado Masculino	12:47	+01:20	05:20
6	2076	Diogo Silva	LIJSA	Iniciado Masculino	13:01	+01:34	05:25
7	2067	António Pires	LIJSA	Iniciado Masculino	13:54	+02:27	05:47
8	2069	Daniel Alface	LIJSA	Iniciado Masculino	14:46	+03:19	06:09
9	2026	LEANDRO MARTINS	CLUBE4ESTILOS	Iniciado Masculino	17:35	+06:08	07:19

## Infantis

1.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	21:00	-99°C	-99%
End	21:31	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### Infantil Feminino

1	2021	LEONOR RODRIGUES	CLUBE4ESTILOS	Infantil Feminino	10:03	-	-
2	2119	Beatriz Laranjo	CLUBE4ESTILOS	Infantil Feminino	10:34	+00:31	-
3	2017	HELENA FEITEIRA	CLUBE4ESTILOS	Infantil Feminino	10:35	+00:32	-
4	2016	ALICE RAPOSO	CLUBE4ESTILOS	Infantil Feminino	11:10	+01:07	-
5	2020	LUCIA ESPINHA	CLUBE4ESTILOS	Infantil Feminino	13:00	+02:57	-
6	2120	Ana Carrapiço	CLUBE4ESTILOS	Infantil Feminino	13:10	+03:07	-

### Infantil Masculino

1	2001	Gonçalo Matos	Centro Vicentino da Serra	Infantil Masculino	08:57	-	-
2	2022	DIOGO ALMEIDA	CLUBE4ESTILOS	Infantil Masculino	09:12	+00:15	-
3	2085	Diogo Manuel Salpico Rainho	Individual	Infantil Masculino	09:45	+00:48	-
4	2088	Rafael Rodrigues	ATR- Algarve Trail Running	Infantil Masculino	10:00	+01:03	-
5	2019	JOAO PIRES	CLUBE4ESTILOS	Infantil Masculino	10:41	+01:44	-
6	2064	André Paiva	LIJSA	Infantil Masculino	10:42	+01:45	-
7	2018	Miguel Martins	CLUBE4ESTILOS	Infantil Masculino	11:07	+02:10	-
8	2070	Diogo Valente	LIJSA	Infantil Masculino	11:29	+02:32	-
9	2040	Miguel Cordas	Os Trinca Espinhas	Infantil Masculino	11:43	+02:46	-
10	2066	André Mendes	LIJSA	Infantil Masculino	11:57	+03:00	-
11	2058	Matilde Cordas	Individual	Infantil Masculino	12:29	+03:32	-
12	2078	Rui Pedro	Casa da Loja/Maison Garrett	Infantil Masculino	12:50	+03:53	-
13	2068	António Rodrigues	LIJSA	Infantil Masculino	13:22	+04:25	-
14	2096	João Joaquim Lopes da Silva	Lágrimas Team	Infantil Masculino	14:20	+05:23	-

## Benjamins B

1.2 KM



### OFFICIAL RESULT

	Time	Temperature	Humidity
Start	21:40	-99°C	-99%
End	21:57	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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## Benjamim B Feminino

1	2013	ANA RAPOSO	CLUBE4ESTILOS	Benjamim B Feminino	06:46	-	-
2	2093	Leonor Crisanto	Forvijovem	Benjamim B Feminino	07:25	+00:39	-
3	2004	Leonor Esteves	""Os Trinca Espinhas""	Benjamim B Feminino	07:50	+01:04	-
4	2014	MARIA PIRES	CLUBE4ESTILOS	Benjamim B Feminino	07:56	+01:10	-
5	2003	Mafalda Alexandra Trindade Carvalho	""Os Trinca Espinhas""	Benjamim B Feminino	08:44	+01:58	-
6	2049	LEONOR POVOAS	CLUBE4ESTILOS	Benjamim B Feminino	09:19	+02:33	-

## Benjamim B Masculino

1	2117	Francisco Ferreira	Individual	Benjamim B Masculino	06:15	-	-
2	2037	Tiago Hora	Individual	Benjamim B Masculino	06:25	+00:10	-
3	2103	Guilherme Antunes	Individual	Benjamim B Masculino	06:38	+00:23	-
4	2101	Nuno Gandum	Centro Vicentino da Serra	Benjamim B Masculino	06:45	+00:30	-
5	2098	Pedro Miguel Lameira Bambulo	Individual	Benjamim B Masculino	06:52	+00:37	-
6	2054	Afonso Verissimo	SS CGD	Benjamim B Masculino	06:53	+00:38	-
7	2033	Filipe Trindade Venâncio	Venâncio Trail	Benjamim B Masculino	07:11	+00:56	-
8	2042	Vasco Durão	BRAHMI TEAM	Benjamim B Masculino	07:12	+00:57	-
9	2051	João Ferreira	BRAHMI TEAM	Benjamim B Masculino	07:20	+01:05	-
10	2087	Tiago Miguel Bambulo Nicau	Eu,Ele & Companhia	Benjamim B Masculino	07:23	+01:08	-
11	2015	MARTIM FERREIRA	CLUBE4ESTILOS	Benjamim B Masculino	07:33	+01:18	-
12	2057	Duarte Ribeiro Vieira	Individual	Benjamim B Masculino	07:55	+01:40	-
13	2099	Eduardo Fernandes Ronda Rolo Azeitona	Individual	Benjamim B Masculino	08:12	+01:57	-
14	2097	Miguel Silva	Individual	Benjamim B Masculino	09:14	+02:59	-
15	2121	João Matos	Individual	Benjamim B Masculino	09:15	+03:00	-

## Benjamins A

0.6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	21:40	-99°C	-99%
End	21:53	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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## Benjamim A Feminino

1	2010	SIMONE FERNANDES	CLUBE4ESTILOS	Benjamim A Feminino	00:04	-	-
2	2039	Sofia Baptista	Individual	Benjamim A Feminino	00:04	-	-
3	2100	Ines Fernandes Ronda Rolo Azeitona	Individual	Benjamim A Feminino	00:04	-	-
4	2038	Maria Lopo Sequeira	Abutres Trail Running School	Benjamim A Feminino	00:05	+00:01	-
5	2084	Maria Salomé Salpico Rainho	Individual	Benjamim A Feminino	00:05	+00:01	-
6	2029	Matilde Cardoso	Os Trinca Espinhas	Benjamim A Feminino	00:05	+00:01	-
7	2008	Laura Salgueiro	""Os Trinca Espinhas""	Benjamim A Feminino	00:06	+00:02	-
8	2009	SARA REALINHO	CLUBE4ESTILOS	Benjamim A Feminino	00:06	+00:02	-

## Benjamim A Masculino

1	2006	Salvador Valente	INIJOVEM	Benjamim A Masculino	00:04	-	-
2	2050	BERNARDO CASADO	CLUBE4ESTILOS	Benjamim A Masculino	00:04	-	-
3	2079	Ricardo Martins	Casa da Loja/Maison Garrett	Benjamim A Masculino	00:04	-	-
4	2044	Tomás Nabais	Individual	Benjamim A Masculino	00:04	-	-
5	2011	Carlos Fernandes	Individual	Benjamim A Masculino	00:04	-	-
6	2034	Bernardo Bilé Botelho	BRAHMI TEAM	Benjamim A Masculino	00:04	-	-
7	2118	Rodrigo Ferreira	Individual	Benjamim A Masculino	00:04	-	-
8	2005	Gustavo Esteves	""Os Trinca Espinhas""	Benjamim A Masculino	00:04	-	-
9	2059	Gonçalo Duarte	Azeitão Night Runners	Benjamim A Masculino	00:05	+00:01	-
10	2086	Tomas	Individual	Benjamim A Masculino	00:05	+00:01	-
11	2052	Guilherme Ferreira	BRAHMI TEAM	Benjamim A Masculino	00:05	+00:01	-
12	2060	Francisco Ramos	Invizimals	Benjamim A Masculino	00:05	+00:01	-
13	2062	Miguel Monteiro	Individual	Benjamim A Masculino	00:05	+00:01	-
14	2089	Tomas Rodrigues	ATR- Algarve Trail Running	Benjamim A Masculino	00:05	+00:01	-
15	2095	Diogo David	Os Trinca Espinhas	Benjamim A Masculino	00:05	+00:01	-